



SPORTS PROJECTS: Athletics IN New Zealand

ADDITIONAL INFORMATION

Welcome to New Zealand

A must see destination! This energetic country has an abundance of adrenaline fuelled outdoor activities that utilize the natural landscape, much of which is protected.

This is nature's adventure playground.... Amidst breathtaking scenery you'll find the best locations for bungee jumping, white water rafting, hiking up glaciers, hang-gliding off mountains, sailing across fiords, skiing down active volcano's, and swimming in thermal springs and geysers... you won't be disappointed!

With both Māori and European influences, New Zealand also has a unique cultural background making it a wonderfully diverse and welcoming country.



Why Auckland?

Auckland is the gateway to New Zealand and a great place to start your travels. Water is at the heart of what has become New Zealand's most populated city, and it's position on a thin stretch of land tucked between two harbours encourages an active, outdoor lifestyle. The many yachts that sail through the harbours and across the adjoining Hauraki Gulf have led to Auckland's name as the 'City of Sails'. Auckland is incredibly picturesque, with a backdrop of extinct volcanoes looking out across the many islands clustered around the coast.



THE ATHLETICS PROJECT:

You'll work at an athletics club located in the suburbs of Auckland, a short bus ride away from the city centre where your accommodation is located.

The club has excellent facilities, including a weights gym, athletics track and top class cross country running park. At the club you will have the opportunity to coach a variety of different ages in a variety of different events. You'll also have the opportunity to train and possibly compete for the club, if you get selected.

The club have a large variety of athletics events available for volunteers to coach and compete in, as follows:

- All field events
- All track events
- Cross country/middle distance



During the summer months (October - March) the club holds its track and field training. The cross country and middle distance training takes place all year round. The children you will be coaching vary from 7 - 18 year olds.

If you would also like to compete yourself on this project, you can do this as a representative of the athletics club or as a representative from your own club.

As the athletics project won't occupy all your time, during the daytime you'll work on the School Sports Project. Here you can coach athletics or a number of other sports for around 4 - 5 hours every day, leaving your evenings free to coach and train with the athletics club.

THE ATHLETICS SEASON & COACHING TIMES:

The athletics season runs from:

- Track & Field: October – March,
- Cross Country, road running and long distance: All year round.

Coaching and training times are as follows:

- Track & Field: 5:30 - 7:00 Wednesday,
- Cross country, road running and long distance: 5:00 - 6:30 - 7:00 Monday - Friday

Athletics meetings take place from October - December and February - March and cross country events run throughout the winter period. You can coach athletics all year around, regardless of the school holidays.

If you are a long distance/cross country coach you will be expected to coach for 2 days a week, where as if you are a track/field coach you will coach for one day a week. You will have the opportunity to coach more than this, should you wish.

Please Note: As a volunteer with Travellers you will receive free club membership but if you wish to compete you will have to pay around NZ\$5 - NZ\$7 per meeting.

POLICE CHECKS:

Within New Zealand Law it is compulsory for all volunteers who work with children to undergo a police check. These checks are done to ensure the safety of children in New Zealand.

The checks are a simple process and we will provide you with all the details of what identity you need to take with you. On your arrival in Auckland, our New Zealand manager will complete the checks with you and take you through the process. As soon as you have registered, you'll be allowed to start working with children.

The fee for the checks is included in your project price and we will ensure that you have all the relevant information before you come to New Zealand.

ACCOMMODATION:

You'll be accommodated in a centrally located lodge that is friendly and relaxing, making it ideal for long-term stays. You may have your own room or you may share a room with other volunteers. There is an excellent kitchen and storage area for cooking meals and plenty of space to relax.

Entertainment at your accommodation includes cheap internet access and cable TV (Sky) as well as an outside balcony. You are literally a stroll from the Sky Tower, harbour and waterfront. Trains and buses are also only a few minutes away to take you to parts of Auckland and New Zealand or to the many other 'things to do'!

The city centre boasts great shopping, restaurants and pubs or head over to the viaduct for more pubs, nightclubs and multicultural cuisine.

ARRIVAL: YOUR INDUCTION INTO THE COUNTRY

When you arrive you will be welcomed at the airport by our New Zealand Manager, who will take you to your accommodation. During your first few days you will be given an induction so that you can learn about Auckland and its culture, as well as useful information like how to use the transport system etc.



BRIEF INTRODUCTION TO NEW ZEALAND

New Zealand is a must see destination – with its stunning scenery of rolling hills, beautiful mountains and amazing beaches it's no wonder New Zealand is one of the most popular places to visit in the world! New Zealand's most striking feature is its variety of landscapes, with great beaches, mountain ranges, big lakes, volcanoes and geysers. Tourism in New Zealand rose dramatically after the success of the Lord of the Rings Trilogy, filmed on location throughout New Zealand.



Auckland has a mixed climate. The hottest months are January and February where temperatures can frequently reach the mid to high 20's. Occasionally the weather can reach 30+ degrees.

THE NEXT STEP

If you would like to join us on one of our exciting projects then please fill in either an online application form at our website (www.travellersworldwide.com) or one that is attached to our brochure. Once you have booked and confirmed your place we will send you detailed pack information regarding your placement and country.

I do hope you join us and please do call or email if you have any questions at all about this or any of our other projects – 01903 502595 or email info@travellersworldwide.com

If you would like to know more about Travellers in general, or about any of our other projects we run in over 18 countries worldwide, please visit our website at www.travellersworldwide.com

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