



SOUTH AFRICA: STREET KIDS PROJECT

South Africa has everything..sun, sparkling warm and clear oceans, and the most beautiful golden beaches you will ever see ... stretching for miles, mountain climbing, biking and hiking, outstanding Game Reserves where you can see wild animals in their natural habitat, sharks, whales and dolphins, and the amusing Cape Fur Seals, elegant restaurants, barbecues and beach parties!

But most of all, South Africans are the friendliest and most hospitable people in the world - without a doubt! If you're invited to dinner ... don't eat for a week beforehand because you'll be overfed, especially if it's a barbecue.



WHAT DO YOU GET?

- An exciting, never-to-be-forgotten adventure into Africa and the South African culture.
- New skills, more confidence, a greater understanding of a different culture, invaluable personal and professional development.
- An entry on your CV or résumé that will put you head and shoulders above most others in the job market.
- Experienced local staff with 24/7 back-up and support who'll meet you at the airport on your arrival - helps you **feel safe and never alone!**
- An in-depth Induction makes you **feel local straight away!**
- An opportunity to **make lifelong friends from all over the world.**
- And best of all ... **an unforgettable experience!**



► SUMMARY FACTFILE

Start Dates	All year round - you choose your start and finish dates!
Duration	From 2 weeks to 12 weeks or longer, subject to visa requirements. <i>This project is not available between 15th December and 15th January.</i>
Requirements	No qualifications needed, just lots of enthusiasm!
Price	From £845 / US\$1,270 for 2 weeks, ranging to £2,595 / US\$3,895 for 12 weeks. Full Price List and other Currencies
What's included	► Accommodation ► Food ► Meeting you at the Airport ► Transfer to your accommodation ► Transport to and from your project ► Full pre-departure support ► Local in-country team support and backup ► 24-hr emergency support ► Two free T-shirts
What's not included	Flights, Insurance, Cost of Visas (if a visa is required, but we'll provide necessary documents and assistance), Return transfer to the airport.
Who can do this Project?	All projects are open to all nationalities. You need to be aged between 17 and 77+

PROGRAMME OVERVIEW:

The Xhosa name of the Centre means “We have hope”. This project was set up to provide hope and help to youth at risk through building caring relationships, providing development opportunities, keeping them off the streets and assisting them back into the school system. The attending children are collected at and returned to designated pick-up and drop-off points around Knysna

The Street Kids Programme

The centre is run as a day & drop-in centre and here, the basic needs of the children are met.

The centre works with an average of 15 children each day and the target group is from the age of 4-18 years old.

Their aim is to mentor the youths in becoming self supporting role-models in society. They currently have two youths who were elected by the rest of the group and staff to represent the centre on the regional youth council for child and youth care centres.

Through the help and support of the centre, this enables the staff to reunify the children with their parents and also help them to reintegrate themselves back into society.

Various activities are provided to motivate the children to feel more positive about themselves and to be a constructive part of their community.

The centre mainly targets young people at risk with particular emphasis on the needs of that person. Through fulltime and volunteer staff who seek to develop caring relationships, the centre strives towards creating physical fitness, social competence, mental stability and spiritual maturity in young lives. It tries to teach them self respect and respect for others, giving them long term direction towards becoming employable members of society and not resorting to crime. The ‘balanced life’ concept not only develops qualities of leadership, morality and citizenship, but also enables young people to effectively communicate in word and action.

The staff are extremely passionate and dedicated in the work that they do. But unfortunately the centre does struggle to keep running due to lack of funds, this is why volunteers are extremely valuable to them as they require as much help as possible. On occasion outside organisations and volunteers may come in to take workshops or to give talks.

Programs Run By the Centre

- Awareness Program - Parental responsibilities and rights
- Early Intervention – Individual and group counselling.
- Life Skills Program i.e. gardening and baking classes
- Sports & Development Program normally involving soccer
- Feeding Program – Porridge is provided in the morning and if funds permit, a basic lunch is also provided
- School Support Program i.e. helping to get the children back into mainstream schooling by liaising between the schools and the children.
- Referrals to appropriate welfare organisations i.e. child welfare. Link with health services such as clinics and dentists.
- Re-integration and reunification services i.e. helping children to get back into their local communities or back to their families



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- Health & Personal Hygiene i.e. teaching children how to care for themselves, basics such as how to brush their teeth and keeping the surrounding centre clean
- Art Program - Making gift cards and recycling
- Morning Devotion – Motivational and building self-image after a session of singing devotional songs. Some say the best part of the day.
- Numeracy and Literacy Program – Bridging program specifically for the back to school candidates and for daily attendees
- HIV/AIDS Awareness with the Lovelife organisation
- Substance Abuse Education
- Crèche – For pre-primary children aged 4-6 years
- After School Homework Program

Work Content

You will be working closely with the children at the centre helping out with anything from basic schooling such as helping them to read or write, to community projects and life skills lessons etc. The whole purpose of this is to get them ready to be taken back into the mainstream schooling and domestic home life again.

The programmes are all presented in a fun, experimental manner with an outcome based learning environment. The major focus is on numeracy and literacy.

There are also hand craft and art programmes which are part of the weekly schedule, as well as sport coaching in soccer as they have their own soccer team.

Depending on your skills and abilities you may get the chance to help out in some of the programs that the centre runs (listed above).

Working Hours

The hours of work will vary, but generally they will be from about 09:00 to about 14.30.

There are also likely to be other afternoon activities that you will be able to get involved with if you would like to. You will be given further details on these on arrival.

IMPORTANT: Please note that the centre will be closed from: 15 December – 15 January every year.

LOCATION:

The Garden Route area is famous throughout South Africa for its beauty and is a favourite resort for holidaymakers and weekenders. It is situated in the Western Cape Province and is very central, lying halfway between Cape Town and Port Elizabeth. The majestic Outeniqua Mountain lies to the north and the Indian Ocean to the South, giving the area a very moderate Mediterranean climate.

Knysna is regarded as the 'jewel of the Garden Route', very popular among South Africans and international tourists alike. It is situated in between George and Plettenberg Bay, and is very famous for the beauty of its lagoon. The atmosphere is very relaxed and you will find plenty to do in and around Knysna, whether it be wildlife, extreme sports or just good food you are interested in.



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ACCOMMODATION & FOOD:

In Knysna, you will live in our volunteer house with other Travellers volunteers. You will most probably be sharing a room with other people. It will depend on how many people are there at the same time as you. The house is very comfortable and situated at walking distance from the town centre.

You will be provided with a food budget so that you can cook and prepare your own meals.

Please note, though, that occasionally the accommodation and houses that we use may change owing to availability, so the facilities you can expect may change accordingly.

VISAS:

For most nationalities visas are not required for a stay of 90 days or less. If you do require a visa, we will liaise with you about your visa requirements, and make the visa process very easy.

FLIGHTS:

You have the option to arrange your own flights or we can assist you with your flight arrangements. If you would like us to do this for you, we will liaise with you regarding available flights and dates to suit you. All arrangements for your flight bookings/payments will be fulfilled by [Murray Rogers Travel Limited](#), ATOL No. 6856.

INDUCTION ON ARRIVAL:

You will be met at the airport by our South Africa Organiser, who will take you to your accommodation and introduce you to everyone. They will also take you to your place of work and introduce you there. Our SA team is on call 24/7 if necessary, and are always there to help you in many different ways. Of course, they are in regular contact with you.

COSTS:

Please see the prices pages of our website [Full Price List](#). The price of this project is a reflection of the following costs:

- ✓ Accommodation
- ✓ Food
- ✓ Meeting you at the airport
- ✓ Transport to and from your project
- ✓ Local in-country team support and backup
- ✓ 24hr emergency helpline
- ✓ Full pre-departure support
- ✓ UK administration
- ✓ Marketing (brochures, website design and maintenance, attending careers fairs, advertising, website listings and presentations)
- ✓ Project Research/Site Inspection
- ✓ Staff Training/Equipment
- ✓ Donations to worthwhile projects

HOW YOU MAKE A DIFFERENCE:

By joining a Travellers Program you enable us to keep donating money to worthwhile projects around the world; from clothing and feeding school children, building playgrounds or funding vital conservation research - your participation makes these donations possible.

For every volunteer, a donation is made by Travellers on your behalf into the [Bridge The Gap Foundation](#). This Foundation was set up by us to donate directly to particularly worthwhile and necessary projects for children and animals around the world, and partners with other NGO's to raise match-funding for worthy projects.

COUNTRY PROFILE:

South Africans are the friendliest and most hospitable people in the world - without a doubt! If you're invited to dinner ... don't eat for a week beforehand because you'll be overfed, especially if it's a barbecue. Wine is cheap and good. The salads are to die for.

Cape Town at the risk of upsetting other cities, this is the most beautiful city in the country, if not the world. It has been voted the world's third most popular holiday destination ... and it is worthy of that title. Here we have work experience

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placements (including an Adventure Tourism placement that is ... wow!), teaching projects, and some excellent marine conservation projects with sharks and whales. We also have some unbelievably good care projects, working with children with autism or mental or physical impairments - extremely worthwhile and satisfying projects!

The Western Cape region includes Knysna, George and Plettenberg bay. These small towns lie on the world-famous Garden Route and are conveniently placed halfway between Cape Town and Port Elizabeth. Here we have very worthwhile teaching, care, graphic design, sports and conservation projects (you haven't lived until you've seen dolphins jumping the waves close to the shore!), as well as one or two work experience placements. This is a very social environment where the majestic Outeniqua Mountain lies to the north and the Indian Ocean to the South, giving the town a very moderate Mediterranean climate, warm in summer and cool in winter.

KwaZulu-Natal (KZN) is home of some of the most stunning Game Reserves in the world. This is glorious country, exotic, tropical, at once arid and unbelievably lush. Here Travellers has exciting conservation projects on Game Parks, working with animals and plants, and also our monkey rehabilitation project. We have a superb rural teaching placement working with Zulu children and an equally excellent Care project. KZN is the place to be for the true African experience.

Port Elizabeth is given the title of the 'Friendly City' by locals; Port Elizabeth (or simply 'PE') is a major tourist attraction. Lying alongside Algoa Bay on the south eastern coast, PE has a stunning shoreline and longer hours of sunshine than anywhere else in South Africa. With water sports galore, PE is a beach lover's paradise! Here you can work hands-on with lots of different animals or learn how to survive in the bush on our *Discover Conservation* course.

The Cape Peninsula has a Mediterranean climate with well-defined seasons. Summer temperatures are mild, with an average maximum of about 26°C (79°F). Winter lasts from May to September. The months are cool, with an average minimum temperature of 7°C (45°F). Most of the city's annual rainfall occurs in wintertime, but due to the mountainous topography of the city, rainfall amounts for certain areas can vary dramatically. The Peninsula gets frequent strong South-Easterly winds, locally known as the 'Cape Doctor', because it blows away pollution and cleans the air!

THINGS TO DO IN: SOUTH AFRICA

In the **Cape**, around the **Knysna area**, there's an amazing choice - these are just some of them:

- **The Garden Route**, possibly the most beautiful stretch of coastline in the world.
- **The Elephant Sanctuary** where you can walk and ride African elephants
- **Monkeyland**, a monkey and lemur sanctuary where you can walk through forests surrounded by them
- **Birds of Eden**, a bird sanctuary
- **Skydiving from 10 000ft in Plett**
- **The Cango Caves**, a truly awesome cave system and a must on your sightseeing list.
- **Whale and dolphin boat trips**
- **Zip line canopy through the Tsikamma forest**
- **Bloukrans Bridge**, the world's highest bungee jump at 216m
- **Internationally recognised Scuba diving courses**
- **Wildcat Experience** in Plettenberg Bay where you can walk cheetahs on a harness at sunset



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- **Oudtshoorn**, home of the ostrich farms and crocodile cage diving
- **Victoria Bay** and **Herold's Bay**, renowned for surfing, bathing and fishing.
- **Four superb Golf Courses** and numerous other sports facilities, including flying, paragliding, squash, horse riding, tennis, hiking and mountain biking.

In **KwaZulu-Natal** (known as KZN for short), you're surrounded by

- **Big Five game parks** (elephant, lion, leopard, buffalo, rhino) - Umfolozi-Hluhluwe, Phinda, Tembe, Pongola, Mkuzi.
- **St Lucia** is beautiful with its Crocodile Centre and Wetlands.
- **Numerous nature parks.**
- **Fantastic Beaches** for swimming and diving.
- **Durban** a lively city where South Africans go to have fun.
- **The San Art Park** for a collection of astounding rock paintings.

In **Cape Town** and surrounding regions, you're spoilt for choice! There are too many to mention, but here are just a few favourites:

- **Table Mountain:** Climb or take the cable car up the majestic Mountain for panoramic views of the city.
- **Cape Point Nature Reserve** is a great place to visit to see the Atlantic and Indian Oceans meet.
- **Kirstenbosch Botanical Gardens**, home of unique flora and fauna. The 'Fynos Kingdom' here is endemic to this part of the world and South Africans are very proud of it!
- **Robben Island** is where SA ex-president, **Nelson Mandela**, was imprisoned for 27 years is a ferry boat ride away.
- **V&A Waterfront:** Spend a day - or a few - in the picturesque and vibrant V&A Waterfront and feel the atmosphere of the Cape with live music, numerous malls, restaurants and craft markets. This place really hums!
- **Extreme Sports:** Abseiling, sandboarding, scuba-diving and mountain biking, Cape Town has it all for the adrenalin junkies.
- **Wine Tasting in Stellenbosch**, home of South Africa's favourite and award winning vineyards. It's also outstandingly beautiful.

WHY GO WITH TRAVELLERS WORLDWIDE?

- Professional work experience placements
- 15 years' experience sending thousands of participants overseas, plus the largest variety of **flexible projects** that are **value for money!**
- Excellent support - second to none in the industry
- Accredited projects helps **appeal to future employers**
- Your own dedicated Project Co-ordinator to answer all questions prior to, during and after your **trip of a lifetime!**
- Detailed information on your project and country and suggestions, safety guide, tips and checklists, via our **EXTRANET, available from anywhere, 24/7.**
- 24/7 emergency helpline for you and your family
- Free pick up from the nearest airport .

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VOLUNTEER FEEDBACK:

'Our Volunteer Liaison 'Sharon' in Knysna brightened every day up with her amazing cheerfulness and enthusiasm! It was great to see how involved she was with all the projects and children.'

Siobhan Scarlett

My experience in Knysna is definitely not one I'm going to forget in a hurry it will be with me forever! I met a lot of amazing people who I will never forget!

Zoey Marshall

HOW TO BOOK:

Please complete a [booking form](#) online or you can send a postal booking from our free brochure. When we receive this, we'll telephone you to discuss the details and then start the exciting process of planning your trip!

We do hope you'll join us and are confident that you'll find this an incredible experience. Don't hesitate to contact us with any questions - we'll be happy to help you plan your exciting adventure!

You may also be interested in other courses with Travellers – please visit our [website](#) for details of all our projects. In fact you can choose from over 300 projects in 19 countries!

Make a Difference – Get Involved!

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