



Integrated Social Programs in Indian Child Education

Volunteer in Rural India

- Education
- Childcare
- Healthcare
- Women's Empowerment

Quality Volunteering Experience

- Indian cultural immersion
- Personal development
- Make real connections
- Flexible, Affordable programs

Excursions included

- Taj Mahal
- Himalayan Trek
- Golden Temple
- Cultural Activities

Our Mission | iSPiCE endeavor to directly contribute to the sustainable development of rural Indian Communities and to provide our volunteers with meaningful and socially responsible opportunities for travel, service and cultural exchange. We are always ready to assist the local community in practical ways and we aim to be flexible in the support we offer to meet specific needs within the community.

Welcome to iSPiiCE India

An Investment for Life

Become an iSPiiCE India Volunteer and unleash your potential while helping those less fortunate.

iSPiiCE India Volunteer Programs introduce you to this diverse and vibrant land and offer the opportunity to work at the grass roots level with rural Indian communities, gaining valuable insights into Indian culture, fresh perspectives and wonderful memories gained through personal connections with the local people. With flexible start dates and durations iSPiiCE invite people from all walks of life to become an International Care giver, Facilitator, Social Worker, Educationalist or Healthcare Worker.

Discover new skills and benefit from guided personal growth and professional development by joining our unique volunteer programs.



Discover the true India

iSPiiCE is a Registered Charitable Trust set up to assist rural Indian communities; with 80% of India's population living in rural areas an iSPiiCE volunteer program takes you to the very heart of India and its people. Our programs are located in Dharamsala, in the Kangra Valley district of Himachal Pradesh. Full of life yet also peaceful Dharamsala is surrounded by the Himalayan mountain range with its snow capped peaks and lush green valleys. Not surprisingly His Holiness the Dalai Lama holds residency in the area and Indian natives choose to holiday in the region.

The area, despite its natural beauty is cut off from main stream development and the local communities we assist are in much need of help in materials, human and financial form. Indian hospitality is legendary and the fact that you are coming to offer your assistance ensures you will be welcomed with a warm smile and heartfelt 'Namaste!' not to mention daily offerings of 'chai' as a gesture of kindness and gratitude.

iSPiCE Volunteer Programs

Volunteer Activities

The disadvantaged communities we assist require fundamental development assistance to help with many aspects of daily life, meeting both immediate needs and creating future potential. iSPiCE offer programs in several areas in response to these wide ranging needs.

Volunteer activities primarily relate to education, social work, childcare, healthcare and empowerment and depending on the program you choose you will be involved with work in one of, or a combination of the following areas

- Teaching English to Adults and Children
- Teaching IT skills to Adults and Children
- Caring for infants and Children
- Assisting local teachers and staff
- Agricultural work on local farms
- Providing love, care and affection to neglected children
- Assisting the up keep of local institutions through light construction work
- Observing and assisting local healthcare professionals
- Working towards improving women's status in society
- Sharing skills and experiences with local people



Commitment to Community Development

iSPiCE offers genuine development assistance to the local community. We have formed partnerships with already established institutions who are the real experts when it comes to defining the local community's needs and by offering our assistance, shared goals are met with greater success. Our partner institutions include schools, orphanages, childcare centers (known as Aanganwari), local hospitals and clinics, women's shelters and other community organizations.

iSPiCE also boast new initiatives to develop communities further and deliver services which would otherwise be inaccessible; these include IT skills training and computer access, community health visits, the set up of health camps and the set up of Shelters for neglected children.

By maintaining a narrow focus with regards the number of communities we assist at any one time iSPiCE are able to make a greater impact on the peoples lives. Each community benefits from our complete attention which further facilitates their learning and development while also increasing awareness and trust. We benefit from these close relationships also and develop a better understanding of the communities needs, enabling us to remain flexible in our offerings.

“Volunteers coming to Sidhpur have really revitalized our village, bringing a new sense of community involvement and shared learning. Daily classes are thoroughly enjoyed by all the ladies and at 30 years old I have access to computers for the first time and the chance to develop new skills. For this I am truly grateful. “

*- Kanta Kumari
Sidhpur Community IT student, 2009*



“The work that iSPiCE does for the women and children should be truly respected and applauded and what they have created is challenging, but remarkable. For anyone who would like to embark on this epic journey, it will prove to be one that is unforgettable and rewarding, not to mention challenging, but it will be the best time of your life.”

*- Falguni Upadhyaya
iSPiCE Volunteer, 2009*

Commitment to our volunteers

Volunteers are vital to meeting iSPiICE aims of developing and educating rural Indian communities; you bring with you a range of skills in various fields, knowledge, understanding, kindness and enthusiasm which can all be utilized in different ways to benefit the local community. In return for your dedication and commitment iSPiICE ensure that you receive a quality volunteering experience and with years of combined experience in the field of volunteering we understand what this means to you. We pride ourselves on the fact that from the moment you step off the plane until the end of your placement you receive the highest level of care and support.



*“Volunteering with **iSPiICE** was an experience that will stay with me forever. The **iSPiICE** staff made me feel at home straight away. They became like a second family with their warm and caring nature.”*

*- Natasha Mansigani
iSPiICE Volunteer, 2009*

The iSPiiCE Volunteer Approach:

A unique combination of a quality volunteering experience, cultural immersion and excursions

Work Commitment

Most work occurs in the morning before lunch and some placements will require afternoon work also. iSPiiCE volunteers are encouraged to participate in afternoon workshops for groups of older children and teenagers, teaching English, delivering basic IT skills training and making community visits. During some afternoons, volunteers can take up maintenance, renovation and decoration of their various work places like schools and day-care centers.

Free Time

At iSPiiCE we believe free time is important, especially when involved in challenging work. It gives you the chance to reflect on your experiences and also to get to know the community and fellow volunteers on a more personal level. After morning activities, in the evenings and at the weekends you will have free time to spend sight seeing, visiting local attractions, or you may simply wish to relax at iSPiiCE base camp which is fully equipped with recreational materials.

Cultural Activities

By working directly with local communities you will make many new acquaintances and develop strong connections, learning more about India's unique customs and traditions. The strong relationships that already exist also present to you the opportunity to take part in local activities, enjoy language training, Indian cooking lessons, henna lessons and even dance lessons from the locals; as a result of this total immersion your experience in India will be truly complete and you will gain a new perspective on Indian culture beyond the context of your volunteer work activities.



“Working as a volunteer for iSPiiCE was an enriching experience in many ways. I had the chance to discover the culture in depth, learn about Indian habits and customs, improve my Hindi language skills, make new friendships and become familiar with the Indian lifestyle”.

- Stefanie Wigger
iSPiiCE volunteer, 2009

Trips Included

Travel to India's most famed landmarks

Excursions are incorporated in your iSPiCE volunteer program, including a trip to the stunning Taj Mahal (regarded as one of the eight wonders of the world), a trip to the equally exquisite Golden Temple in Amritsar and a breath-taking trek in the Himalayan Mountains. Each trip has been carefully selected to give volunteers the chance for real exploration in India and to experience the best of what this remarkable country has to offer, making it possible for you to enjoy a combined volunteer and travel experience.

Each trip includes a one night stay over and all transfers.

- Volunteer programs of 2 and 3 weeks include two excursions only, a Himalayan trek and trip to Taj Mahal.

The Taj Mahal - Agra

Agra, in the state of Uttar Pradesh, is home to one of the world's most beautiful structures, the Taj Mahal. The Taj Mahal was built by the Mugal emperor Shah Jahan in memory of his beloved wife Mumtaj and the romanticism that lies within the blueprint of the Taj Mahal has led it to be known worldwide as a prominent symbol of love. iSPiCE provide an escorted tour of Agra to include transfer, overnight accommodation and a visit to the Taj Mahal, Wake early to enjoy sunrise at the this magnificent site, when the illumination of the white marble transforms the Taj Mahal to a 'magical' Pinkish hue.



Himalayan Trek

The Himalayan mountain trek starts from McLeod Ganj, Dharamsala. You will trek to 3,000 meters for fantastic views of the snow peaks and dramatic landscapes. The iSPiCE Himalayan excursion includes one night tenting or guest house accommodation and an English speaking professional trekking guide.

Golden Temple - Amritsar

The state of Punjab borders Himachal Pradesh and is renowned for its Holy City of Amritsar and the Golden Temple. The Golden Temple is a breathtaking sight and provides a sense of serenity in an otherwise bustling city. Pilgrims to the Golden Temple traditionally immerse themselves in the surrounding waters, known as 'The Pool of Nectar' which offers a symbolic cleansing of the soul.

Amritsar is also the venue for the 'Wagha Border' guard ceremony of the Indian and Pakistani Army. Crowds gather to witness the 'theatrics' and it is an amazing spectacle not to be missed! The iSPiCE Amritsar excursion includes a visit to The Golden Temple and 'Wagha border' ceremony, accommodation and all transfers.



"I recommend this program to anyone who would like to accomplish trekking the Himalayas, feel a sense of spiritual enlightenment from the Golden Temple and gain a great sense of satisfaction from teaching the children of Himachal Pradesh".

*- Falguni Upadhyaya
iSPiCE Volunteer, 2009*

"Through iSPiCE I had the possibility to visit various places at the weekends such as Manali, Agra and Amritsar. I very much enjoyed these weekend trips. I can highly recommend this project to anyone who wants to make a new experience. To me it will be an unforgettable one."

*- Stefanie Wigger
iSPiCE Volunteer, 2009*

The complete Volunteer and Travel Package

We make all the arrangements

iSPiiCE aim to take the 'worry' out of your volunteer trip to India and we understand what would be classed as a **quality experience** for you. This is why all the main arrangements are made for you and included in the program fee allowing you to concentrate on your volunteer activities. Compare our prices and services to other organizations and you would be surprised to see the difference.

Your iSPiiCE program includes:

- Pick up at New Delhi Airport, transfer to and one night stay at the Hotel in Delhi.
 - Travel in India to include a Himalayan trek, a visit to the Taj Mahal in Agra, and a visit to Golden Temple in Amritsar. (All excursions include a one night stay, an English speaking guide and all transfers).
 - All transportations to work areas.
 - Volunteer work with communities in rural areas.
 - Emergency support.
 - All meals at base camp (breakfast, lunch & dinner).
 - All accommodation for the duration of your placement.
 - English speaking Guides for the duration of your placement.
 - All material required for volunteer work, such as color, pens, paper, books, sports equipment etc.
 - Use of Computer/Internet.
 - All amenities for comfort and recreation at base camp, including a DVD player, books, board games.
 - Cultural activities to include Hindi class, Indian cooking, and decorative Henna painting.
 - Assistance with arranging independent activities during free time and onward travel assistance.
 - New Delhi Airport drop at the end of your project.
- And last but not least, friendship and support from the iSPiiCE team, the local community and fellow volunteers.



"Volunteering for iSPiiCE was one of the most amazing experiences of my life. From the moment you step out of the airport everything is looked after, and staff at iSPiiCE make sure you are comfortable every step of the way. I would recommend this trip to anyone who wants an amazing volunteer experience and wants to enrich themselves through Indian culture."

*- Caterina Criebardas
iSPiiCE Volunteer, 2009*

Affordable Program Fees

Duration	Cost (USD)
2 Weeks	\$490
3 Weeks	\$640
4 Weeks	\$790
5 Weeks	\$940
6 Weeks	\$1090
7 Weeks	\$1240
8 Weeks	\$1390
9 Weeks	\$1540
10 Weeks	\$1690
11 Weeks	\$1840
12 Weeks	\$1990
Extra Week	\$150

Flexible Booking Dates Available

iSPiICE volunteer programs are available throughout the year with start dates offered every second Sunday. All placements commence on Sundays and finish on Saturdays. View specific upcoming start dates on our website at www.ispiice.com



Add a little iSPiiCE to your life

Enroll Today

Whether you wish to take a career break to gain new perspectives; are retired and looking for a fresh experience; a gap year student taking time out before embarking on your chosen career path; or a parent introducing the diversity of the world to your children - iSPiiCE can help you realize your goals. There are no special requirements to take part in our programs and we warmly welcome anyone with the desire to help to volunteer with us. Take the challenge today and enjoy an adventure in India like no other.

Apply On-line at www.ispiice.com



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