



MEANINGFUL TRAVEL

VOLUNTEER &
WORK ABROAD

2008

800-985-4864
www.i-to-i.com



INSIDE → Volunteer Experiences in Malaysia

meaningful travel



The i-to-i philosophy

We believe that travel should be beneficial to everyone involved, which is why we work closely with locally run projects and tour operators. Travel with i-to-i and you'll spend time with local people, work with locally run projects and live in locally run accommodation. You'll have a truly unique travel experience and return home knowing that you have made a real and lasting difference to the lives and futures of the friends you've made along the way.



i-to-i Travel Experiences

There are many ways to travel with i-to-i, and we realise that everyone who travels with us is looking for something different. To make it as easy as possible for you to find your perfect trip, the icons below will give you an idea of what each trip is all about. Look out for them throughout the brochure.



Teaching

Rewarding and fulfilling, these projects offer you the chance to work with schools and community groups in more than 20 countries worldwide.



Sports

Working with community groups and schools, you'll share your passion for sport with the next generation.



Work Experience

Health, media, marketing and tourism projects that are ideal for people looking for a career break or gap year.



Conservation

Join the fight for the future of the planet by working alongside local conservation projects worldwide.



Community Development

Caring and patient volunteers are needed to work with vital community projects that offer hope of a better future to people living in poverty.



Tours

Combining top quality overland tours with vital environmental and humanitarian volunteer work. Truly ethical tourism.



Building

Fun and physical building projects that make a real difference to the lives of underprivileged communities in the developing world.



TRAVEL WITH i-to-i

Responsible Travel

We've developed an ethical policy that guides every aspect of our business. We're committed to providing responsible travel experiences, which benefit local communities and endangered environments worldwide whilst minimising the negative effects of mass tourism.

Supporting Local Communities

By travelling with i-to-i you'll be helping to ensure the long-term sustainability of the local projects that we work with and the communities and environments in which they operate.

We do not give direct funding to the projects we work with. Many experts believe that the constant flow of financial aid into the developing world causes an over-reliance on foreign aid and actually harms the long-term stability of local economies. It is your time and effort (rather than cold hard cash) that makes a difference. What we do is ensure that the infrastructure is in place for you to make a difference. We truly believe that by working together and forging relationships with the developing world, we can make a real and lasting difference.

No Single Supplement

Unlike most major travel companies, we don't think that you should be penalised for choosing to travel by yourself. Travelling solo offers you the chance to reflect upon life, to make new friends and to experience travel in a way that is often impossible when travelling with friends or partners.

A Global Support Network

We have well trained people in every country we work in to ensure that all the day-to-day realities are taken care of. We also retain the services of the world's leading crisis management consultancy, Docleaf. They have helped us to implement a global safety plan, which ensures that in the unlikely event of something going wrong, we have all the bases covered.

Worldwide Choice

With over 500 projects and tours on 5 continents, we offer an unrivalled choice of responsible travel options. We haven't put all our projects in this brochure because it would have been the size of a phone directory and we'd have had to cut down a small forest to print it! To see our full range of products, visit our website - www.i-to-i.com

Worldwide Reputation

Because of the quality of our overseas trips and the dedication of our staff, we have a worldwide reputation as the leader in our field. This excellent reputation has led to long-term partnerships with companies like Lonely Planet, STA Travel and Opodo. Because we love what we do, we are the very best at what we do, which means you can rest assured that everything that can be done has been done to ensure your overseas trip goes smoothly.

A Travel Company run by Travellers

We know about travel because we've travelled ourselves and have years of experience helping people get out there and do it. Our Managing Director got involved in the travel

industry after leaving a well-paid job for a leading consultancy firm and travelling from Cape Town to London in a Land Rover. It took him 8 months and he hasn't stopped talking about it since. We are passionate about what we do and we truly believe that by working for i-to-i, we are doing something positive and worthwhile.

The i-to-i Foundation

The i-to-i Foundation (Reg.1099482) is a registered charity designed to provide essential resources to projects that really need them.

In the last year alone the i-to-i foundation has made significant donations to eight of our most disadvantaged projects. These included:

- Providing educational resources to schools and learning centres across India
- The renovation and refurbishment of a medical clinic in Tanzania
- The construction of a community centre in Brazil





ACCOMMODATION

When you travel with i-to-i, you will stay in locally run accommodation. By staying in local hotels, guesthouses and homestays, the money you pay for accommodation goes directly into the local economy, so before you've even lifted a finger you've already made an important contribution.

There are 100's of different accommodation options when travelling with us, so we can't list them all. The options below will give you a pretty good idea of the sorts of places you might stay.

Accommodation varies from place to place, so the exact details will vary depending upon location and not all the choices below are available in all destinations. But one thing remains certain... you'll receive a warm welcome wherever you lay your head.



Homestays

We think that the best way to really get under the skin of a foreign country is to live with a local family. You'll stay in a comfortable home and get a taste of local specialities.



Hotels and Guesthouses

The locally-owned and locally-run hotels and guesthouses we work with offer a safe and comfortable place to lay your head. They are also a great place to meet fellow travellers.



Tented Camps and Jungle Camps

These camps are often pretty basic and offer our more adventurous travellers the chance to experience outdoor life in some truly stunning locations.



Volunteer Houses

These places are owned and run by our in-country teams. You'll be staying in a house full of other volunteers, which makes them a great place to swap stories, make friends and start parties!



Premier Accommodation

If you want a more comfortable and relaxing place to lay your head after a long day of making the world a better place, this may be the perfect solution. Our premier accommodation options offer things like cable TV, en-suite bathrooms and air-conditioning.



WHAT TRIP SHOULD I CHOOSE?



Teaching

Many of the projects we work with offer children from poor backgrounds the opportunity to attend school and gain a vital education. Full Teaching English as a Foreign Language (TEFL) training is included for all teaching trips.



Conservation

Join the fight for the future of our environment by working with vitally important ecology and conservation projects across the planet. Projects include Orang-utan conservation in Borneo, reforestation on Mount Kenya and many more.



Community Development

Work with community groups in some of the poorest parts of the planet. Join forces with local projects and help them grow in a sustained and manageable way. Full TEFL training included.



Building

If you want a hands on volunteer experience our building projects may be just what your after. Projects include building community centres in the favelas of Rio and house building projects across Africa, Asia, Latin America and the Caribbean.



Work experience

Ideal if you're looking for a constructive way to spend your gap year or career break. Use the skills you have and learn a few more. Media, Health and Journalism are available.



Sports

Working with community groups, schools and orphanages, these trips offer you the chance to pass on your passion for sport and get a little exercise into the bargain. Projects available worldwide.

MALAYSIA



From Kuala Lumpur's futuristic architecture and bustling night-markets to the tranquillity and timeless beauty of the forests of Borneo, Malaysia offers a cultural experience unlike anywhere else in South East Asia. If you venture away from the urban and tourist centres, you'll discover a country that is not only forward looking, friendly and widely prosperous, but has a close and intense relationship with its cultural origins and

eventful past. A big draw for travellers are the easily accessible jungles of Sarawak – home to the last natural populations of orang-utan on the planet

Why Malaysia needs volunteers

The projects we work with in Malaysia work in two main areas: community work and conservation. The extraordinary growth of the economy has inevitably led people to leave rural areas and head for the city, so these projects are increasingly important. This rapid growth has also had a negative effect on the environment, nowhere more so than in the jungles of Borneo where illegal logging has led to the near extinction of the orang-utan.

Malaysia: Top Tips

- Visit Kuala Lumpur. No visit to Malaysia would be complete without spending some time in the capital.
- Swing over to Borneo. The last refuge of wild orang-utan and a truly stunning natural wilderness.

➤ Relax on the Perhentian Islands. A little slice of paradise, these picture perfect islands offer clear blue seas, golden sands and a very relaxed atmosphere.

Malaysia: Top Trips

Eco Tour: The Malaysian Orang-utan experience

Take a walk on the wild side with a tour through Malaysia's national parks in search of the endangered Orang-utan.

Community Work with Orphans near Kuala Lumpur

We work with a number of community projects across the city, including children's homes and AIDS hospices. A unique opportunity to get involved with vital community work.

Conservation in a National Park

This 800 acre park on the outskirts of Kuala Lumpur is home to leopards, monkeys and huge numbers of migratory birds. Volunteers are needed to help with the upkeep of this important natural environment.

Find out more

In an attempt to save a few trees, we haven't included all our trips in this brochure. To check out the full range of projects in Malaysia, visit www.i-to-i.com/malaysia



Meaningful Tour: The Malaysian Orang-utan experience

Swing into action on this 14-day orangutan conservation tour on the mystical island of Borneo. By taking a walk on the wild side, animal lovers can observe these gentle giants and learn about them in their natural habitat. They can also enjoy exclusive "back stage passes" to the running of the orangutan rehabilitation centres of Sarawak, uncover the existing conservation problems and discover some of the solutions that are helping to sustain large and safe populations. The jungle is massive and you will have the opportunity to monkey around by hiking along the trails, exploring the rainforest's flora and fauna, and swimming in the jungle waters. So, if you fancy yourself as the next Tarzan or Jane then make the great escape, meet the descendants of the infamous head-hunters of Borneo and explore the Bako, Kubah and Batang Ai national parks. This tour requires a minimum of 5 people to run, please do not book your flights until the trip has been confirmed by The Asia Team. Photograph of orangutan and baby, copyright Keith Lloyd

→ 2 WEEKS

\$1895



Fast facts

Learn more: www.i-to-i.com/malaysia 800-985-4864

• Project Information

Project Duration: Min 2 weeks

Project Costs: US\$ 1895.00 for 2 weeks

Location of project: Kuching and local national parks on Borneo

Arrival Airport: Kuching (KCH)

Activities: Talks and demonstrations on the orangutan, treks in national parks and tourist activities

Working Hours: Dependent on location; walking distance

Transport: On site

Requirements: Minimum age 18

• What's Included

Accommodation: Shared jungle lodge or guest house accommodation

Food: All meals

Airport Pickup: Included on arrival date. Ask us for details if you're arriving early!

Training: In-country orientation

Support: Pre-departure helpdesk, Local in-country team and 24hr

emergency support

• What's not included

Flights, Insurance, Visas

Andrea Willis
gives this project **8/10**

An experience that I learnt a lot from and had once in a life time opportunities



Community work with orphans near Kuala Lumpur, Malaysia

Love working with children? Travellers aren't alone in making tracks to see Kuala Lumpur, with its space age architecture and pristine litter free streets; they're joined by people from rural areas hoping to play a role in the country's economic expansion. The increased population puts extra pressure on the city's infrastructure and inevitably some people lose out, which is where you can help! With our partner project in the city you will provide valuable assistance to children in marginalised communities who have been abandoned and orphaned. You'll help build social and educational skills, providing them with a positive role model (and the project staff with a much needed helping hand.) Don't forget our TEFL certification is included to make sure you're fully prepared.

→ 4-12 WEEKS

FROM **\$139-**
\$200 PER EXTRA WEEK
0



Fast facts

Learn more: www.i-to-i.com/malaysia 800-985-4864

• Project Information

Project Duration: Min 4 weeks - Max 12 weeks

Project Costs: US\$ 1390.00 for 4 weeks, US\$ 200.00 for every week thereafter

Location of project: Various locations in and around Kuala Lumpur

Arrival Airport: Kuala Lumpur (airport code KUL)

Activities: Providing general care and assistance in looking after the children. This will involve playing games, teaching English & basic life skills

Working Hours: Flexible; 5 days per week usually 10am to 6pm, all other time is free

Getting to the project: On site

Requirements: Minimum age 17

• What's Included

Accommodation: Shared room at the project

Food: Breakfast and dinner

Airport Pickup: Included on arrival date. Ask us for details if you're arriving early!

Training: In-country orientation and Online TEFL course

Support: Pre-departure helpdesk, Local in-country team and 24hr emergency support

• What's not included

Flights, Insurance, Visas, Return Airport transfer, Local Transport, Food (lunch not provided)

Hannah Rolls
gives this project **8/10**

a once in a life time experience



Community work with youths in Kuala Lumpur

Have you got the energy to see a different side of Kuala Lumpur? The youthful energy of the kids on this project is rivalled only by that of Kuala Lumpur itself. The city is unlike any other in Asia and some parts look so new they've still got the labels on! A rigorous army of cleaners (as well as a huge fine for littering) keep the city in good shape, but no city is perfect and there are plenty of disadvantaged people here. We work with a number of key projects in and around Kuala Lumpur that offer shelter, support, and basic education to disadvantaged youngsters. The overriding aim is to produce a safe and stable environment so that these young people can concentrate on building bright futures for themselves. We will provide a free TEFL course when you sign up, so you can hit the ground running.

→ 4-12 WEEKS

FROM **\$139-**
\$200 PER EXTRA WEEK
0



Fast facts

Learn more: www.i-to-i.com/malaysia 800-985-4864

• Project Information

Project Duration: Min 4 weeks - Max 12 weeks

Project Costs: US\$ 1390.00 for 4 weeks, US\$ 200.00 for every week thereafter

Location of project: Various locations in and around Kuala Lumpur

Arrival Airport: Kuala Lumpur (airport code KUL)

Activities: Providing general care and assistance in looking after the children. This will involve teaching English, helping with coursework, arranging games, sports and activities, mentoring and informal counselling

Working Hours: Flexible; Monday to Friday around 8 hours per day, all other time is free

Getting to the project: On site

Requirements: Minimum age 18

• What's Included

Accommodation: Shared room at the project

Food: Breakfast and dinner

Airport Pickup: Included on arrival date. Ask us for details if you're

arriving early!

Training: In-country orientation and Online TEFL course

Support: Pre-departure helpdesk, Local in-country team and 24hr emergency support

• What's not included

Flights, Insurance, Visas, Return Airport transfer, Local Transport, Food (lunch not provided)

Jennifer Frame
gives this project **8/10**

Sometimes challenging; always eye-opening, heart-warming and life-changing.



Teach English to disadvantaged young women in Kuala Lumpur, Malaysia

Do you want to help develop talent? Kuala Lumpur is the past's view of the future, with futuristic buildings lining spotlessly clean streets. This is your chance to help the disadvantaged women of Malaysia match their capital city and learn modern skills such as I.T and accounting. The project needs your help because English is a means to that particular end and knowledge of the language will be invaluable when it comes to finding work. You will plan and run daily English language classes and work with women in large groups and on a one-to-one basis, where our included TEFL certification will come in handy. This project also allows you the creative freedom to design and run activities to help the women develop personally, socially and intellectually.

→ 4-12 WEEKS

FROM **\$139-**
\$200 PER EXTRA WEEK
0



Fast facts

Learn more: www.i-to-i.com/malaysia 800-985-4864

• Project Information

Project Duration: Min 4 weeks - Max 12 weeks

Project Costs: US\$ 1390.00 for 4 weeks, US\$ 200.00 for every week thereafter

Location of project: Various locations in and around Kuala Lumpur

Arrival Airport: Kuala Lumpur (airport code KUL)

Activities: Various activities including general care and assistance in the local community. This will include playing games with children, teaching English & basic life skills to all ages

Working Hours: Flexible; 5 days a week 8 hours per day. The project runs 7 days a week and assistance is required over the weekend, all overtime is free

Getting to the project: On site

Requirements: Minimum age 21

• What's Included

Accommodation: Shared hostel on site

Food: Breakfast and dinner

Airport Pickup: Included on arrival date. Ask us for details if you're arriving early!

Training: In-country orientation and Online TEFL course

Support: Pre-departure helpdesk, Local in-country team and 24hr emergency support

• What's not included

Flights, Insurance, Visas, Return Airport transfer, Local Transport, Food (lunch not provided)



WHAT'S INCLUDED

Because travelling with us is a little different from taking a traditional holiday, we thought it best to let you know what's included in the price.

Expert Travel Advice

- Help and guidance to find the right project for you
- Inoculation and vaccination advice
- Information and advice on obtaining the right visa for your trip

Pre-departure support

- Full project information and personal support from our travel team
- Advice on preparation and fundraising
- Free DVD 'Going Abroad with i-to-i'. This DVD is filled with information from travel safety experts, kit advisors and returned volunteers. It's the perfect preparation for your time overseas and will help ensure you have a safe and rewarding trip.

In-country Support

- Airport pick-up (except in Australia - it's just too big)
- Full cultural orientation
- Accommodation (and meals on most projects)
- Experienced and fully trained co-ordinators
- Emergency back-up teams available 24 hours a day, 365 days a year
- Crisis response support from docleaf, the world's leading crisis response specialists

Free TEFL Certification

All teaching and community development trips include FREE Teaching English as a Foreign Language (TEFL) training. This certificate will enable you to live and work as an English teacher in thousands of destinations worldwide.

WHAT'S NOT

An i-to-i Holiday Rep

We don't think that our travellers need their hands held every minute of the day, (we're guessing that you wouldn't be reading this if you wanted a package holiday). So there won't be an annoying holiday rep following you around, pointing out what you should be taking pictures of or telling you where to have lunch. Our in-country teams will be there to help you sort out your travel plans, offer a little local insight and generally make your time overseas as hassle free as possible. The rest is up to you!

Travel Insurance

Travel insurance is compulsory when travelling with i-to-i, and we can offer comprehensive travel insurance with one of our world-class suppliers. Unlike many insurance providers this policy covers volunteer work and many adventure activities.

The policy covers:

- Medical insurance
- Luggage cover (low excess)
- Cancellation cover in case of medical emergency
- Flights home in case of a medical emergency

Call one of our expert Travel Advisors for more information.





EARN MONEY OVERSEAS



What is TEFL?

If you can speak and write English, then you already have the most important skills you'll need to Teach English as a Foreign Language (TEFL). Once you are fully qualified (which can take as little as two days with our weekend courses), you'll be in a position to find well paid teaching work worldwide.

You don't need any previous teaching experience; our internationally recognised courses will give you all the skills, confidence and qualifications you'll need to fund your future travels or start a new life and a lucrative career living and working overseas as an English teacher.

The TEFL lifestyle

Teaching English abroad is one of the last truly authentic cultural adventures around. You'll experience a complete immersion into the daily life of the local community; you'll shop in the same markets, eat the same food, take the same buses and live in the same neighbourhoods... you'll be welcomed into the community as a friend and a colleague.

And you'll be making a real and lasting contribution to the lives of your students by improving their educational and career choices.

i-toi TEFL Courses

We have been running TEFL courses for more than 12 years and in that time we have trained more than 50,000 people to teach English abroad.

Our TEFL courses are accredited by the Open and Distance Learning Council (ODLQC). The ODLQC is one of the UK's most respected accreditation bodies, so you can book with complete confidence that you're getting the best possible course at the best possible price. Because of the quality of our courses language schools the world over actively seek out i-to-i TEFL graduates for teaching jobs abroad.

Online TEFL Courses

Enrol today, start today. Our Online TEFL course was the first of its kind and remains the most innovative and respected Online TEFL course available. All you need to become a fully qualified TEFL teacher is access to the internet and a little determination.

Online TEFL: The benefits

- Study from anywhere on the planet
- Enrol today, Start today
- The original Online TEFL Course
- Internationally recognised qualification
- Interactive audio and video course modules
- Take up to 6 months to finish the course
- 8000+ job contacts when you pass

Go to www.i-to-i.com/tefl/online-tefl for more information.

Weekend TEFL Courses

Get qualified in just 2 days! We've been running Weekend TEFL courses for more than 12 years and in the last year alone we have trained more than 5,500 new TEFL teachers. You can do a Weekend TEFL Course in the UK, USA, Australia, Canada, Ireland and Greece.

Weekend TEFL: The benefits

- Get qualified in just 2 days
- 12 years experience
- Courses worldwide
- Help finding work overseas
- 8000+ job contacts when you pass

Go to www.i-to-i.com/tefl/weekend-tefl for more information.

The Experience

"The i-to-i Online TEFL Course is a perfect online course for busy people aspiring to become English teachers, for those who would like to expand their professional knowledge of English teaching, and especially for those near-native or non-native speakers who would like teaching English as their profession.

I'm so thankful to my tutor for giving me a lot of practical suggestions for activities in the course and for being so considerate when I was beyond my course deadline."

Elvira Okabe



TEFL COURSES AND JOBS WORLDWIDE



TEFL Jobs Abroad

Recruiting Now!

If you're looking for a hassle free way to find well-paid teaching work overseas, look no further. i-to-i TEFL Jobs Abroad offer full training and a guaranteed teaching job overseas. Because of our excellent reputation, we will find you a job at a well respected and well-resourced language school at one of 12 destinations worldwide.

We are currently recruiting for TEFL jobs in:

- Latin America: Brazil, Ecuador, Honduras
- Asia: China, India, Indonesia, South Korea, Taiwan, Thailand
- Europe: Czech Republic, Greece, Hungary

Go to www.i-to-i.com/jobs-abroad to find out more.

Specialist Certificates

Our TEFL courses will give you comprehensive training, but it can be really beneficial to hone your skills to suit the teaching position that you're looking for. Our Specialist Certificates give you the opportunity to do just that. Not only will these courses improve your skills and build your confidence, they'll help you stand out from the crowd in the competitive English teaching market.

Specialist Certificates are available in:

- Teaching English to Young Learners
- Teaching English to Large Classes
- Teaching English with Limited Resources
- Teaching Business English
- A Full Day of Lesson Planning and Teaching Practice

Go to www.i-to-i.com/specialist-certificate to find out more.

Extra Training for Volunteers

All volunteers travelling to community development or teaching projects receive full TEFL training. However, our Specialist Certificates in Teaching with Limited Resources and Teaching English to Large Classes are a really useful addition to your skills. They'll help you prepare for your classes and ensure that your students get as much out of the experience as you do.

Go to www.i-to-i.com/specialist-certificate to find out more.

The i-to-i TEFL Promise

Because we know that our TEFL courses are the very best short courses available, we'll make you the following promise so that you can book with complete confidence.

1. If you find an equivalent course at a lower price, we will refund the difference plus 50%.
2. If you're not entirely satisfied after the first 7 days, we'll give you a full refund: no arguments, no hidden charges, just a cheque in the post!
3. Our experience, our high academic standards and the quality of our courses means that i-to-i TEFL certificates are recognised by 1000's of language schools worldwide.

10% OFF Travel with i-to-i

All TEFL graduates receive 10% off all i-to-i community development and teaching volunteer trips. These trips not only make a real and lasting difference to people lives, but they give newly qualified TEFL teachers the chance to gain invaluable experience of teaching overseas. Experienced teachers benefit from better job offers and higher wages.

Call us now for more information about volunteer teaching and community projects in more than 20 countries worldwide.

MEANINGFUL TRAVEL

VOLUNTEER &
WORK ABROAD



Meaningful Tours

These trips combine the very best bits of a traditional tour with vital volunteer work.



Teach English Abroad

Internationally accredited TEFL Courses and jobs worldwide. A passport to live and work overseas.



Employee Volunteering

A range of overseas volunteering options for businesses. Ideal for team building.

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Email: uk@i-to-i.com

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Saturday, 10am to 5pm
Sunday, 10am to 4pm

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Saturday, 10am to 5pm

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Friday 3am - 2pm (MDT)



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