



MEANINGFUL TRAVEL

VOLUNTEER &
WORK ABROAD

2008

800-985-4864
www.i-to-i.com



INSIDE → **Volunteer Experiences in Peru**

meaningful travel



The i-to-i philosophy

We believe that travel should be beneficial to everyone involved, which is why we work closely with locally run projects and tour operators. Travel with i-to-i and you'll spend time with local people, work with locally run projects and live in locally run accommodation. You'll have a truly unique travel experience and return home knowing that you have made a real and lasting difference to the lives and futures of the friends you've made along the way.



i-to-i Travel Experiences

There are many ways to travel with i-to-i, and we realise that everyone who travels with us is looking for something different. To make it as easy as possible for you to find your perfect trip, the icons below will give you an idea of what each trip is all about. Look out for them throughout the brochure.



Teaching

Rewarding and fulfilling, these projects offer you the chance to work with schools and community groups in more than 20 countries worldwide.



Sports

Working with community groups and schools, you'll share your passion for sport with the next generation.



Work Experience

Health, media, marketing and tourism projects that are ideal for people looking for a career break or gap year.



Conservation

Join the fight for the future of the planet by working alongside local conservation projects worldwide.



Community Development

Caring and patient volunteers are needed to work with vital community projects that offer hope of a better future to people living in poverty.



Tours

Combining top quality overland tours with vital environmental and humanitarian volunteer work. Truly ethical tourism.



Building

Fun and physical building projects that make a real difference to the lives of underprivileged communities in the developing world.



TRAVEL WITH i-to-i

Responsible Travel

We've developed an ethical policy that guides every aspect of our business. We're committed to providing responsible travel experiences, which benefit local communities and endangered environments worldwide whilst minimising the negative effects of mass tourism.

Supporting Local Communities

By travelling with i-to-i you'll be helping to ensure the long-term sustainability of the local projects that we work with and the communities and environments in which they operate.

We do not give direct funding to the projects we work with. Many experts believe that the constant flow of financial aid into the developing world causes an over-reliance on foreign aid and actually harms the long-term stability of local economies. It is your time and effort (rather than cold hard cash) that makes a difference. What we do is ensure that the infrastructure is in place for you to make a difference. We truly believe that by working together and forging relationships with the developing world, we can make a real and lasting difference.

No Single Supplement

Unlike most major travel companies, we don't think that you should be penalised for choosing to travel by yourself. Travelling solo offers you the chance to reflect upon life, to make new friends and to experience travel in a way that is often impossible when travelling with friends or partners.

A Global Support Network

We have well trained people in every country we work in to ensure that all the day-to-day realities are taken care of. We also retain the services of the world's leading crisis management consultancy, Docleaf. They have helped us to implement a global safety plan, which ensures that in the unlikely event of something going wrong, we have all the bases covered.

Worldwide Choice

With over 500 projects and tours on 5 continents, we offer an unrivalled choice of responsible travel options. We haven't put all our projects in this brochure because it would have been the size of a phone directory and we'd have had to cut down a small forest to print it! To see our full range of products, visit our website - www.i-to-i.com

Worldwide Reputation

Because of the quality of our overseas trips and the dedication of our staff, we have a worldwide reputation as the leader in our field. This excellent reputation has led to long-term partnerships with companies like Lonely Planet, STA Travel and Opodo. Because we love what we do, we are the very best at what we do, which means you can rest assured that everything that can be done has been done to ensure your overseas trip goes smoothly.

A Travel Company run by Travellers

We know about travel because we've travelled ourselves and have years of experience helping people get out there and do it. Our Managing Director got involved in the travel

industry after leaving a well-paid job for a leading consultancy firm and travelling from Cape Town to London in a Land Rover. It took him 8 months and he hasn't stopped talking about it since. We are passionate about what we do and we truly believe that by working for i-to-i, we are doing something positive and worthwhile.

The i-to-i Foundation

The i-to-i Foundation (Reg.1099482) is a registered charity designed to provide essential resources to projects that really need them.

In the last year alone the i-to-i foundation has made significant donations to eight of our most disadvantaged projects. These included:

- Providing educational resources to schools and learning centres across India
- The renovation and refurbishment of a medical clinic in Tanzania
- The construction of a community centre in Brazil





ACCOMMODATION

When you travel with i-to-i, you will stay in locally run accommodation. By staying in local hotels, guesthouses and homestays, the money you pay for accommodation goes directly into the local economy, so before you've even lifted a finger you've already made an important contribution.

There are 100's of different accommodation options when travelling with us, so we can't list them all. The options below will give you a pretty good idea of the sorts of places you might stay.

Accommodation varies from place to place, so the exact details will vary depending upon location and not all the choices below are available in all destinations. But one thing remains certain... you'll receive a warm welcome wherever you lay your head.



Homestays

We think that the best way to really get under the skin of a foreign country is to live with a local family. You'll stay in a comfortable home and get a taste of local specialities.



Hotels and Guesthouses

The locally-owned and locally-run hotels and guesthouses we work with offer a safe and comfortable place to lay your head. They are also a great place to meet fellow travellers.



Tented Camps and Jungle Camps

These camps are often pretty basic and offer our more adventurous travellers the chance to experience outdoor life in some truly stunning locations.



Volunteer Houses

These places are owned and run by our in-country teams. You'll be staying in a house full of other volunteers, which makes them a great place to swap stories, make friends and start parties!



Premier Accommodation

If you want a more comfortable and relaxing place to lay your head after a long day of making the world a better place, this may be the perfect solution. Our premier accommodation options offer things like cable TV, en-suite bathrooms and air-conditioning.



WHAT TRIP SHOULD I CHOOSE?



Teaching

Many of the projects we work with offer children from poor backgrounds the opportunity to attend school and gain a vital education. Full Teaching English as a Foreign Language (TEFL) training is included for all teaching trips.



Conservation

Join the fight for the future of our environment by working with vitally important ecology and conservation projects across the planet. Projects include Orang-utan conservation in Borneo, reforestation on Mount Kenya and many more.



Community Development

Work with community groups in some of the poorest parts of the planet. Join forces with local projects and help them grow in a sustained and manageable way. Full TEFL training included.



Building

If you want a hands on volunteer experience our building projects may be just what your after. Projects include building community centres in the favelas of Rio and house building projects across Africa, Asia, Latin America and the Caribbean.



Work experience

Ideal if you're looking for a constructive way to spend your gap year or career break. Use the skills you have and learn a few more. Media, Health and Journalism are available.



Sports

Working with community groups, schools and orphanages, these trips offer you the chance to pass on your passion for sport and get a little exercise into the bargain. Projects available worldwide.



Widely regarded as the home of the Inca civilization, Peru has more to offer the traveller than an over-crowded ascent of Machu Picchu.

The Amazon River winds its way through the pristine jungles of the remote north-west, the snow capped peaks of the Andes run the entire length of the country (offering trekkers and climbers almost unlimited possibilities) and the long and

varied coastline is home to hundreds of pristine beaches and the country's vibrant capital city, Lima. Peru offers so many experiences, so many highlights and so many travel opportunities that once you've arrived, it can be hard to summon the energy to leave!

Why Peru needs volunteers

As with many poor South American countries, education offers the best route out of poverty and an over reliance on foreign financial aid. By getting involved with the teaching and community projects we work with in Peru, you can make a real difference to the lives of many of the children for whom life is an almost constant struggle.

Peru: Top Tips

- ➔ Take a trip out to one of the islands on Lake Titicaca. They offer a chance to relax and take in the stunning scenery. Isla Amantani is a good one to try. Isla Suasi is even more remote and laid back.
- ➔ Use Lima as a base and visit the many ancient sites that run along the coast.

- ➔ Take a two day trip down into the Colca Canyon. Much bigger than the Grand Canyon and a truly awe-inspiring trip.

Peru: Top Trips

Community work with special needs children

This project has no funds for permanent staff so the work of volunteers is vital. Work with special needs children and offer them the care and attention which is so often lacking from their lives.

Community work with children near Cuzco

This small centre two hours from Cuzco helps orphans and poor children to have a little stability and care. An amazing project in a beautiful destination.

Teach English at schools or orphanages in Lima

Lima is the destination of choice for many children trying to escape a life of hardship and exploitation in the countryside. These schools and orphanages in Lima offer the children hope of a better future.

Find out more

In an attempt to save a few trees, we haven't included all our trips in this brochure. To check out the full range of projects in Peru, visit www.i-to-i.com/peru



Teach English at schools or an orphanage in Lima, Peru

Do you want to develop your teaching skills where it will be most appreciated? Lima houses roughly a third of Peru's entire population so it's no wonder it cuts a somewhat untidy figure as it bursts at the seams. Such a big city in such a small country, Lima has experienced the predictable invasion of people from the countryside in search of a better life. As a result, parts of the city have become very overcrowded and resources can't stretch to meet the needs of everyone. The schools we work with need volunteers to teach English to their students, as they have very limited budgets. Though underfunded, these schools still offer the children their best hope of an education and a better future, and your efforts make that more likely.

→ 4-12 WEEKS

FROM **\$169-**

\$200 PER EXTRA WEEK



Fast facts

Learn more: www.i-to-i.com/peru 800-985-4864

• Project Information

Project Duration: Min 4 weeks - Max 12 weeks

Project Costs: US\$ 1690.00 for 4 weeks, US\$ 200.00 for every week thereafter

Location of project: Lima

Arrival Airport: Lima (airport code LIM)

Activities: Teaching English and other subjects

Working Hours: Flexible; Monday to Friday around 5 hours a day, all other time is free

Getting to the project: 10 -15 minutes by public transport (budget approximately US\$15 per week)

Requirements: Minimum age 18

Other: Semana Santa (Latin America Holy week) will be from April 3rd to 12th 2009 and March 26th to April 4th 2010, you may have some disruptions to the placement during this time

• What's Included

Accommodation: Shared room in homestay

Food: Breakfast and dinner

Airport Pickup: Included on arrival date. Ask us for details if you're

arriving early!

Training: In-country orientation and Online TEFL course

Support: Pre-departure helpdesk, Local in-country team and 24hr emergency support

• What's not included

Flights, Insurance, Visas, Return Airport transfer, Local Transport, Food (lunch not provided)

Julian Van Eyken
gives this project **9/10**

A very special time.



Community work with special needs children in Peru

Want to see more of Peru? Like a good painting, Peru is a country that rewards a closer look. The more famous attractions of Machu Picchu and Cuzco are well worth a visit but the country didn't stop developing once the Inca's disappeared. The cities in which these projects are based both lie on Peru's Pacific coast and are good examples of the charms that lie behind the headline grabbing destinations. The centres we work with offer therapy to children suffering from mental and physical handicaps who haven't previously been given any special care or attention. To help make up for lost time you'll be busy dancing, painting, crafting and playing, and we'll include our TEFL certification to help you prepare.

→ 4-12 WEEKS

FROM **\$179-**
\$200 PER EXTRA WEEK
0



Fast facts

Learn more: www.i-to-i.com/peru 800-985-4864

• Project Information

Project Duration: Min 4 weeks - Max 12 weeks

Project Costs: US\$ 1790.00 for 4 weeks, US\$ 200.00 for every week thereafter

Location of project: The coastal towns of Mancora or Trujillo in northern Peru

Arrival Airport: Lima (airport code LIM)

Activities: Providing general care and assistance in looking after the children. This will involve playing games, teaching English & basic life skills

Working Hours: Flexible; Monday to Friday 8.30am to 11.30am then 3pm until 6pm, all other time is free

Getting to the project: Dependent on location

Requirements: Minimum age 18

Other: Semana Santa (Latin America Holy week) will be from April 3rd to 12th 2009 and March 26th to April 4th 2010, you may have some disruptions to the placement during this time

• What's Included

Accommodation: Shared room in guesthouse or homestay

Food: Breakfast and dinner

Airport Pickup: Included on arrival date. Ask us for details if you're arriving early!

Training: In-country orientation and Online TEFL course

Support: Pre-departure helpdesk, Local in-country team and 24hr emergency support

• What's not included

Flights, Insurance, Visas, Return Airport transfer, Local Transport, Food (lunch not provided)

Holly Greig
gives this project **8/10**

Having an incredible time with the children in the centre!



Archaeology work experience in Lima, Peru

Do you fancy uncovering a new talent? Most of Peru's rich history is proudly on show above the ground: towering over your head in the shape of well-preserved colonial architecture or ancient Inca sites perched high on knife-edge cliffs. However, there is even more to be found under our feet and armed with a spade and a keen pair of eyes you could be the first person to see it for hundreds of years. Dating back to the 5th Century, the ceremonial site of Huaca Pucllana is one of Peru's cultural wonders. The project is attempting to uncover and restore the site, but lack of funding means volunteers are needed to get busy excavating, cleaning, registering and cataloguing in order for the work to continue.

→ 3-12 WEEKS

FROM **\$139-**
\$200 PER EXTRA WEEK
0



Fast facts

Learn more: www.i-to-i.com/peru 800-985-4864

• Project Information

Project Duration: Min 3 weeks - Max 12 weeks

Project Costs: US\$ 1390.00 for 3 weeks, US\$ 200.00 for every week thereafter

Location of project: Lima

Arrival Airport: Lima (airport code LIM)

Activities: Various activities including archaeological excavation (April to December), cleaning, registering and cataloguing archaeological material. Teaching English to guides at the projects on an informal basis

Working Hours: Flexible; usually Monday to Friday 8am to 1pm, all other time is free

Getting to the project: 10 -15 minutes by public transport (budget approximately US\$15 per week)

Requirements: Minimum Age 18

Other: Semana Santa (Latin America Holy week) will be from April 3rd to 12th 2009 and March 26th to April 4th 2010, you may have some disruptions to the placement during this time

• What's Included

Accommodation: Shared room in homestay

Food: Breakfast and dinner

Airport Pickup: Included on arrival date. Ask us for details if you're arriving early!

Training: In-country orientation

Support: Pre-departure helpdesk, Local in-country team and 24hr emergency support

• What's not included

Flights, Insurance, Visas, Return Airport transfer, Local Transport, Food (lunch not provided)



Community work with orphans and underprivileged children in Lima, Peru

Have you got a big heart? The constant flow of travellers to their shores hasn't blunted the enthusiasm with which Peruvians welcome new arrivals. A cool glass of the famous Inca Cola awaits everyone, especially those who have come to volunteer their time and efforts. Keep a couple of cans handy as they'll go down well with the kids at this charity which works with around 270 abandoned or orphaned girls. The girls' range in age from 5 to 18 and all receive shelter, food, education, health care and plenty of much needed attention. You'll join a friendly team of psychologists, teachers, doctors and nurses to teach English, art, cooking and sport amongst other things. Our TEFL training course is included in the price to provide you with the confidence to make the most of your time in the school.

→ 4-12 WEEKS

FROM **\$179-**
\$200 PER EXTRA WEEK
0



Fast facts

Learn more: www.i-to-i.com/peru 800-985-4864

• Project Information

- Project Duration:** Min 4 weeks - Max 12 weeks
- Project Costs:** US\$ 1790.00 for 4 weeks, US\$ 200.00 for every week thereafter
- Location of project:** Lima
- Arrival Airport:** Lima (airport code LIM)
- Activities:** Providing general care and assistance in looking after the children. This will involve playing games, teaching English & basic life skills
- Working Hours:** Flexible; Monday to Friday 9am to 12:30pm and 3pm to 5pm, all other time is free
- Getting to the project:** 10 -15 minutes by public transport (budget approximately US\$15 per week)
- Requirements:** Minimum age 18
- Other:** Semana Santa (Latin America Holy week) will be from April 3rd to 12th 2009 and March 26th to April 4th 2010, you may have some disruptions to the placement during this time

• What's Included

Accommodation: Shared room in homestay

Food: Breakfast and dinner

Airport Pickup: Included on arrival date. Ask us for details if you're arriving early!

Training: In-country orientation and Online TEFL course

Support: Pre-departure helpdesk, Local in-country team and 24hr emergency support

• What's not included

Flights, Insurance, Visas, Return Airport transfer, Local Transport, Food (lunch not provided)

Laura Simmons
gives this project **9/10**

The most amazing time of my life



Teach English in Cusco, Peru

Do you want to improve your teaching skills in the home of the Incas? Peru is a country with one foot in the past; well aware of its ancient history it has managed to hold on to its identity despite invasions first by colonials and then tourists. That's what makes Peru such an appealing country, along with the mountains, beaches and jungles of course. Cuzco was the heart of the Incan empire, and it's very proud of it, so if you happen to be a 16th century Spanish colonialist be warned. It's also a great place from which to explore Macchu Piccu as well as the foothills of the Andes. You'll be working in an Andean school which teaches more than 300 students ranging in age from 6 to 12. Most of your time will be spent teaching English but you may also be given the choice to get involved in arts, music and even karate. We'll include our TEFL certification to help you prepare.

→ 4-12 WEEKS

FROM **\$169-**

0 PER EXTRA WEEK



Fast facts

Learn more: www.i-to-i.com/peru 800-985-4864

• Project Information

Project Duration: Min 4 weeks - Max 12 weeks

Project Costs: US\$ 1690.00 for 4 weeks, US\$ 200.00 for every week thereafter

Location of project: Cusco

Arrival Airport: Lima (airport code LIM), internal flight to Cusco (airport code CUZ) required on Sunday after arrival date

Activities: Teaching English and other subjects

Working Hours: Flexible; Monday to Friday, 5-6 hours per day, all other time is free

Getting to the project: Around 15-20 minutes walk

Requirements: Minimum Age 18

Other: Semana Santa (Latin America Holy week) will be from April 3rd to 12th 2009 and March 26th to April 4th 2010, you may have some disruptions to the placement during this time

• What's Included

Accommodation: Shared room in homestay

Food: Breakfast and dinner

Airport Pickup: Included on arrival date. Ask us for details if you're

arriving early!

Training: In-country orientation and Online TEFL course

Support: Pre-departure helpdesk, Local in-country team and 24hr emergency support

• What's not included

Flights, Insurance, Visas, Return Airport transfer, Local Transport, Food (lunch not provided)

Ian Bingham
gives this project **8/10**

A sad but happy time with mistreated kids.



Community work with orphans in Trujillo, Peru

Want to see Peru's past and present? Peru is clearly a greedy country; an array of spectacular beaches on its long Pacific coast, world class trekking in the Andes, gloriously thick jungles as well as an ancient civilisation or two make it top of most people's South American 'to do' list. Based on the coast, Trujillo is home to most of the above; a lovely coastal resort a stones throw from the Andes and full of the spirit of Peru's past. Half your time here though, will be spent with Peru's future. Our two partner projects here work with abandoned or 'at risk' children and those with mental illnesses. Your day will be varied and duties include physical therapy, playing sports and organising English workshops, using the skills you've gained from our TEFL certification that is included with the project.

→ 4-12 WEEKS

FROM **\$179-**
\$200 PER EXTRA WEEK
0



Fast facts

Learn more: www.i-to-i.com/peru 800-985-4864

• Project Information

- Project Duration:** Min 4 weeks - Max 12 weeks
- Project Costs:** US\$ 1790.00 for 4 weeks, US\$ 200.00 for every week thereafter
- Location of project:** Various locations in Trujillo
- Arrival Airport:** Lima (airport code LIM)
- Activities:** Providing general care and assistance in looking after the children. This will involve playing games, teaching English & basic life skills
- Working Hours:** Flexible; Monday to Friday afternoons when the children return from school, all other time is free
- Getting to the project:** Dependent on location
- Requirements:** Minimum age 18
- Other:** Semana Santa (Latin America Holy week) will be from April 3rd to 12th 2009 and March 26th to April 4th 2010, you may have some disruptions to the placement during this time

• What's Included

- Accommodation:** Shared room in homestay
- Food:** Breakfast and dinner

Airport Pickup: Included on arrival date. Ask us for details if you're arriving early!

Training: In-country orientation and Online TEFL course

Support: Pre-departure helpdesk, Local in-country team and 24hr emergency support

• What's not included

Flights, Insurance, Visas, Return Airport transfer, Local Transport, Food (lunch not provided)

Joanna Brenig-jones
gives this project **10/10**

An unforgettable experience which has lasting effects.



Meaningful Tour: The Peruvian Andes experience

Do you want to see the real South America? Despite its popularity, Peru has an impressive record of clinging on to its identity and defending its native customs, but then it's been getting in practice ever since the first Spanish tourists came with their own ideas in the 16th Century. You'll be grateful for their resilience as you enjoy local customs and hospitality in the rural village of Chota and help build stoves for local families. In the second week volunteers join a reforestation programme and help educate youngsters about the local ecology, before visiting the important Inca city of Cajamarca. Those staying for the full three weeks will end the trip helping out in a local education centre which works with young children in the area.

→ 1-3 WEEKS

FROM **\$139-**
\$100 PER EXTRA WEEK
0



Fast facts

Learn more: www.i-to-i.com/peru 800-985-4864

• Project Information

Project Duration: Min 1 week - Max 3 weeks

Project Costs: US\$ 1390.00 for 1 week, US\$ 330.00 for every week thereafter

Location of project: Chota in northern Peru, if staying for three weeks you will spend the final week based in Cajamarca

Arrival Airport: Lima (airport code LIM)

Activities: Various activities dependent on length of stay. week 1 – stove building, week 2 – reforestation and education with the local community, week 3 – assistance at a local orphanage

Working Hours: Flexible; Monday to Friday usually 6 to 8 hours a day, all other time is free

Getting to the project: On site

Requirements: Minimum age 18

Other: Semana Santa (Latin America Holy week) will be from April 3rd to 12th 2009 and March 26th to April 4th 2010, you may have some disruptions to the placement during this time

• What's Included

Accommodation: Shared room in dormitory (weeks 1 and 2) and

shared room in homestay (week 3 based in Cajamarca)

Food: All meals in week 1, 2 and breakfast in week 3 (budget approximately US\$50)

Airport Pickup: Included on arrival date. Ask us for details if you're arriving early!

Training: In-country orientation

Support: Pre-departure helpdesk, Local in-country team and 24hr emergency support

• What's not included

Flights, Insurance, Visas, Return Airport transfer, Local Transport, Food (in week 3)

Carole Watton
gives this project **8/10**

It takes so little to improve lives significantly.



Community work with children near Cusco, Peru

Want to teach English in the heart of Inca country? Beautiful Peru attracts as many people for its cultural history as it does for its natural beauty, mainly because the sites of most historical significance seem to be perched on top of the tallest mountains around. The Incas must have had strong legs. But if you don't fancy the hike you can still find a wealth of traditional culture in far more knee-friendly terrain. Our partner project in Pomacanchis is in the heart of the ancient Inca civilisation and offers shelter, food, health care and education to local children. In your time off you can visit the Inca ruins, meet the indigenous people who still live in the area and build up those muscles on the famous Inca Trail. We also include our TEFL certification to get you in the swing of things.

→ 3-12 WEEKS

FROM **\$159-**
\$200 PER EXTRA WEEK
0



Fast facts

Learn more: www.i-to-i.com/peru 800-985-4864

• Project Information

Project Duration: Min 3 weeks - Max 12 weeks

Project Costs: US\$ 1590.00 for 3 weeks, US\$ 200.00 for every week thereafter

Location of project: Pomacanchis or Cusco

Arrival Airport: Lima (airport code LIM), internal flight to Cusco (airport code CUZ) required on Sunday after arrival date

Activities: Providing general care and assistance in looking after the children. This will involve playing games, teaching English & basic life skills

Working Hours: Flexible; Monday to Friday 4 to 6 hours daily, all other time is free

Getting to the project: Dependent on location; on site or 15-20 minutes walk

Requirements: Minimum Age 18

Other: Semana Santa (Latin America Holy week) will be from April 3rd to 12th 2009 and March 26th to April 4th 2010, you may have some disruptions to the placement during this time

• What's Included

Accommodation: Dependent on location; shared dormitory room at project or shared room in homestay

Food: Breakfast and dinner

Airport Pickup: Included on arrival date. Ask us for details if you're arriving early!

Training: In-country orientation and Online TEFL course

Support: Pre-departure helpdesk, Local in-country team and 24hr emergency support

• What's not included

Flights, Insurance, Visas, Return Airport transfer, Local Transport, Food (lunch not provided)



Meaningful Tour: The Inca and Machu Picchu Experience

Are you fascinated by the Inca culture? This tour through Peru is a heady mix of the 'must see' and the 'rarely seen'. You'll visit the legendary Macchu Picchu, the stunning Sacred Valley and the lively cities of Lima and Cusco before venturing off the beaten track to the Lucre-Huacarpay Wetlands to assist in conservation and reforestation activities alongside a group of experts. Combining these activities with visits to some of the most stunning cultural and unique wonders of the ancient world this is a trip not to be missed.

→ 2 WEEKS

\$1990



Fast facts

Learn more: www.i-to-i.com/peru 800-985-4864

• Project Information

Project Duration: Min 2 weeks

Project Costs: US\$ 1990.00 for 2 weeks

Location of project: Travel from Lima to Cusco. Volunteering in Lucre, Huacarpay - Wetlands

Arrival Airport: Lima (airport code LIM)

Activities: 10 days travelling from Lima to Cusco and visiting Inca tourist attractions, including Machu Picchu. 6 days conservation volunteering

Working Hours: Flexible; usually full days on the tour and at the project

Getting to the project: Dependent on location; walking distance

Requirements: Minimum age 18

Other: Semana Santa (Latin America Holy week) will be from April 3rd to 12th 2009 and March 26th to April 4th 2010, you may have some disruptions to the placement during this time

• What's Included

Accommodation: Shared room in homestay, guesthouse or rustic lodge

Food: All meals, except some dinners as described in itinerary

Airport Pickup: Included on arrival date. Ask us for details if you're arriving early!

Training: In-country orientation

Support: Pre-departure helpdesk, Local in-country team and 24hr emergency support

• What's not included

All flights, Insurance, Visas, Return Airport transfer, Food (some meals not provided)



Community work with disadvantaged children in Arequipa, Peru

Do you want to help underprivileged children? Known to many as the 'White City', Arequipa's reputation precedes it. The majestic buildings of the city centre stand as a permanent reminder of Spanish occupation and their unique white Ashlar walls give the city its name (though a little research may uncover more sinister roots). Nestled at the foot of three volcanoes the city offers spectacular views over the surrounding countryside. Venturing out of the city brings just as many rewards with the rugged landscapes begging to be rafted, biked, and trekked. Our partner project in the city is a shelter home that provides underprivileged children with daily care, physical therapy, arts and crafts classes and English workshops (as well as a little TLC). Don't forget we'll include our TEFL certification when you sign up.

→ 2-12 WEEKS

FROM **\$139-**
\$200 PER EXTRA WEEK
0



Fast facts

Learn more: www.i-to-i.com/peru 800-985-4864

• Project Information

Project Duration: Min 2 weeks - Max 12 weeks

Project Costs: US\$ 1390.00 for 2 weeks, US\$ 200.00 for every week thereafter

Location of project: Arequipa

Arrival Airport: Lima (airport code LIM)

Activities: Providing general care and assistance in looking after the children. This will involve playing games, teaching English & basic life skills

Working Hours: Flexible; Monday to Friday 5 or 6 hours daily, all other time is free

Getting to the project: Around 15 minutes by public transport (budget approximately US\$15 per week)

Requirements: Minimum age 18

Other: Semana Santa (Latin America Holy week) will be from April 3rd to 12th 2009 and March 26th to April 4th 2010, you may have some disruptions to the placement during this time

• What's Included

Accommodation: Shared room in homestay

Food: Breakfast and dinner

Airport Pickup: Included on arrival date. Ask us for details if you're arriving early!

Training: In-country orientation and Online TEFL course

Support: Pre-departure helpdesk, Local in-country team and 24hr emergency support

• What's not included

Flights, Insurance, Visas, Return Airport transfer, Local Transport, Food (lunch not provided)



WHAT'S INCLUDED

Because travelling with us is a little different from taking a traditional holiday, we thought it best to let you know what's included in the price.

Expert Travel Advice

- Help and guidance to find the right project for you
- Inoculation and vaccination advice
- Information and advice on obtaining the right visa for your trip

Pre-departure support

- Full project information and personal support from our travel team
- Advice on preparation and fundraising
- Free DVD 'Going Abroad with i-to-i'. This DVD is filled with information from travel safety experts, kit advisors and returned volunteers. It's the perfect preparation for your time overseas and will help ensure you have a safe and rewarding trip.

In-country Support

- Airport pick-up (except in Australia - it's just too big)
- Full cultural orientation
- Accommodation (and meals on most projects)
- Experienced and fully trained co-ordinators
- Emergency back-up teams available 24 hours a day, 365 days a year
- Crisis response support from docleaf, the world's leading crisis response specialists

Free TEFL Certification

All teaching and community development trips include FREE Teaching English as a Foreign Language (TEFL) training. This certificate will enable you to live and work as an English teacher in thousands of destinations worldwide.

WHAT'S NOT

An i-to-i Holiday Rep

We don't think that our travellers need their hands held every minute of the day, (we're guessing that you wouldn't be reading this if you wanted a package holiday). So there won't be an annoying holiday rep following you around, pointing out what you should be taking pictures of or telling you where to have lunch. Our in-country teams will be there to help you sort out your travel plans, offer a little local insight and generally make your time overseas as hassle free as possible. The rest is up to you!

Travel Insurance

Travel insurance is compulsory when travelling with i-to-i, and we can offer comprehensive travel insurance with one of our world-class suppliers. Unlike many insurance providers this policy covers volunteer work and many adventure activities.

The policy covers:

- Medical insurance
- Luggage cover (low excess)
- Cancellation cover in case of medical emergency
- Flights home in case of a medical emergency

Call one of our expert Travel Advisors for more information.





EARN MONEY OVERSEAS



What is TEFL?

If you can speak and write English, then you already have the most important skills you'll need to Teach English as a Foreign Language (TEFL). Once you are fully qualified (which can take as little as two days with our weekend courses), you'll be in a position to find well paid teaching work worldwide.

You don't need any previous teaching experience; our internationally recognised courses will give you all the skills, confidence and qualifications you'll need to fund your future travels or start a new life and a lucrative career living and working overseas as an English teacher.

The TEFL lifestyle

Teaching English abroad is one of the last truly authentic cultural adventures around. You'll experience a complete immersion into the daily life of the local community; you'll shop in the same markets, eat the same food, take the same buses and live in the same neighbourhoods... you'll be welcomed into the community as a friend and a colleague.

And you'll be making a real and lasting contribution to the lives of your students by improving their educational and career choices.

i-toi TEFL Courses

We have been running TEFL courses for more than 12 years and in that time we have trained more than 50,000 people to teach English abroad.

Our TEFL courses are accredited by the Open and Distance Learning Council (ODLQC). The ODLQC is one of the UK's most respected accreditation bodies, so you can book with complete confidence that you're getting the best possible course at the best possible price. Because of the quality of our courses language schools the world over actively seek out i-to-i TEFL graduates for teaching jobs abroad.

Online TEFL Courses

Enrol today, start today. Our Online TEFL course was the first of its kind and remains the most innovative and respected Online TEFL course available. All you need to become a fully qualified TEFL teacher is access to the internet and a little determination.

Online TEFL: The benefits

- Study from anywhere on the planet
- Enrol today, Start today
- The original Online TEFL Course
- Internationally recognised qualification
- Interactive audio and video course modules
- Take up to 6 months to finish the course
- 8000+ job contacts when you pass

Go to www.i-to-i.com/tefl/online-tefl for more information.

Weekend TEFL Courses

Get qualified in just 2 days! We've been running Weekend TEFL courses for more than 12 years and in the last year alone we have trained more than 5,500 new TEFL teachers. You can do a Weekend TEFL Course in the UK, USA, Australia, Canada, Ireland and Greece.

Weekend TEFL: The benefits

- Get qualified in just 2 days
- 12 years experience
- Courses worldwide
- Help finding work overseas
- 8000+ job contacts when you pass

Go to www.i-to-i.com/tefl/weekend-tefl for more information.

The Experience

"The i-to-i Online TEFL Course is a perfect online course for busy people aspiring to become English teachers, for those who would like to expand their professional knowledge of English teaching, and especially for those near-native or non-native speakers who would like teaching English as their profession.

I'm so thankful to my tutor for giving me a lot of practical suggestions for activities in the course and for being so considerate when I was beyond my course deadline."

Elvira Okabe



TEFL COURSES AND JOBS WORLDWIDE



TEFL Jobs Abroad

Recruiting Now!

If you're looking for a hassle free way to find well-paid teaching work overseas, look no further. i-to-i TEFL Jobs Abroad offer full training and a guaranteed teaching job overseas. Because of our excellent reputation, we will find you a job at a well respected and well-resourced language school at one of 12 destinations worldwide.

We are currently recruiting for TEFL jobs in:

- Latin America: Brazil, Ecuador, Honduras
- Asia: China, India, Indonesia, South Korea, Taiwan, Thailand
- Europe: Czech Republic, Greece, Hungary

Go to www.i-to-i.com/jobs-abroad to find out more.

Specialist Certificates

Our TEFL courses will give you comprehensive training, but it can be really beneficial to hone your skills to suit the teaching position that you're looking for. Our Specialist Certificates give you the opportunity to do just that. Not only will these courses improve your skills and build your confidence, they'll help you stand out from the crowd in the competitive English teaching market.

Specialist Certificates are available in:

- Teaching English to Young Learners
- Teaching English to Large Classes
- Teaching English with Limited Resources
- Teaching Business English
- A Full Day of Lesson Planning and Teaching Practice

Go to www.i-to-i.com/specialist-certificate to find out more.

Extra Training for Volunteers

All volunteers travelling to community development or teaching projects receive full TEFL training. However, our Specialist Certificates in Teaching with Limited Resources and Teaching English to Large Classes are a really useful addition to your skills. They'll help you prepare for your classes and ensure that your students get as much out of the experience as you do.

Go to www.i-to-i.com/specialist-certificate to find out more.

The i-to-i TEFL Promise

Because we know that our TEFL courses are the very best short courses available, we'll make you the following promise so that you can book with complete confidence.

1. If you find an equivalent course at a lower price, we will refund the difference plus 50%.
2. If you're not entirely satisfied after the first 7 days, we'll give you a full refund: no arguments, no hidden charges, just a cheque in the post!
3. Our experience, our high academic standards and the quality of our courses means that i-to-i TEFL certificates are recognised by 1000's of language schools worldwide.

10% OFF Travel with i-to-i

All TEFL graduates receive 10% off all i-to-i community development and teaching volunteer trips. These trips not only make a real and lasting difference to people lives, but they give newly qualified TEFL teachers the chance to gain invaluable experience of teaching overseas. Experienced teachers benefit from better job offers and higher wages.

Call us now for more information about volunteer teaching and community projects in more than 20 countries worldwide.

MEANINGFUL TRAVEL

VOLUNTEER &
WORK ABROAD



Meaningful Tours

These trips combine the very best bits of a traditional tour with vital volunteer work.



Teach English Abroad

Internationally accredited TEFL Courses and jobs worldwide. A passport to live and work overseas.



Employee Volunteering

A range of overseas volunteering options for businesses. Ideal for team building.

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US Customers

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Office hours:
Monday to Thursday, 24-hour opening
Friday 3am - 2pm (MDT)

