



# MEANINGFUL TRAVEL

VOLUNTEER &  
WORK ABROAD

# 2008

800-985-4864  
[www.i-to-i.com](http://www.i-to-i.com)



**INSIDE** → **Volunteer Experiences in Philippines**

# meaningful travel



## The i-to-i philosophy

We believe that travel should be beneficial to everyone involved, which is why we work closely with locally run projects and tour operators. Travel with i-to-i and you'll spend time with local people, work with locally run projects and live in locally run accommodation. You'll have a truly unique travel experience and return home knowing that you have made a real and lasting difference to the lives and futures of the friends you've made along the way.

## unique travel experiences



## i-to-i Travel Experiences

There are many ways to travel with i-to-i, and we realise that everyone who travels with us is looking for something different. To make it as easy as possible for you to find your perfect trip, the icons below will give you an idea of what each trip is all about. Look out for them throughout the brochure.



### Teaching

Rewarding and fulfilling, these projects offer you the chance to work with schools and community groups in more than 20 countries worldwide.



### Sports

Working with community groups and schools, you'll share your passion for sport with the next generation.



### Work Experience

Health, media, marketing and tourism projects that are ideal for people looking for a career break or gap year.



### Conservation

Join the fight for the future of the planet by working alongside local conservation projects worldwide.



### Community Development

Caring and patient volunteers are needed to work with vital community projects that offer hope of a better future to people living in poverty.



### Tours

Combining top quality overland tours with vital environmental and humanitarian volunteer work. Truly ethical tourism.



### Building

Fun and physical building projects that make a real difference to the lives of underprivileged communities in the developing world.



# TRAVEL WITH i-to-i

## Responsible Travel

We've developed an ethical policy that guides every aspect of our business. We're committed to providing responsible travel experiences, which benefit local communities and endangered environments worldwide whilst minimising the negative effects of mass tourism.

## Supporting Local Communities

By travelling with i-to-i you'll be helping to ensure the long-term sustainability of the local projects that we work with and the communities and environments in which they operate.

We do not give direct funding to the projects we work with. Many experts believe that the constant flow of financial aid into the developing world causes an over-reliance on foreign aid and actually harms the long-term stability of local economies. It is your time and effort (rather than cold hard cash) that makes a difference. What we do is ensure that the infrastructure is in place for you to make a difference. We truly believe that by working together and forging relationships with the developing world, we can make a real and lasting difference.

## No Single Supplement

Unlike most major travel companies, we don't think that you should be penalised for choosing to travel by yourself. Travelling solo offers you the chance to reflect upon life, to make new friends and to experience travel in a way that is often impossible when travelling with friends or partners.

## A Global Support Network

We have well trained people in every country we work in to ensure that all the day-to-day realities are taken care of. We also retain the services of the world's leading crisis management consultancy, Docleaf. They have helped us to implement a global safety plan, which ensures that in the unlikely event of something going wrong, we have all the bases covered.

## Worldwide Choice

With over 500 projects and tours on 5 continents, we offer an unrivalled choice of responsible travel options. We haven't put all our projects in this brochure because it would have been the size of a phone directory and we'd have had to cut down a small forest to print it! To see our full range of products, visit our website - [www.i-to-i.com](http://www.i-to-i.com)

## Worldwide Reputation

Because of the quality of our overseas trips and the dedication of our staff, we have a worldwide reputation as the leader in our field. This excellent reputation has led to long-term partnerships with companies like Lonely Planet, STA Travel and Opodo. Because we love what we do, we are the very best at what we do, which means you can rest assured that everything that can be done has been done to ensure your overseas trip goes smoothly.

## A Travel Company run by Travellers

We know about travel because we've travelled ourselves and have years of experience helping people get out there and do it. Our Managing Director got involved in the travel

industry after leaving a well-paid job for a leading consultancy firm and travelling from Cape Town to London in a Land Rover. It took him 8 months and he hasn't stopped talking about it since. We are passionate about what we do and we truly believe that by working for i-to-i, we are doing something positive and worthwhile.

## The i-to-i Foundation

The i-to-i Foundation (Reg.1099482) is a registered charity designed to provide essential resources to projects that really need them.

In the last year alone the i-to-i foundation has made significant donations to eight of our most disadvantaged projects. These included:

- Providing educational resources to schools and learning centres across India
- The renovation and refurbishment of a medical clinic in Tanzania
- The construction of a community centre in Brazil





# ACCOMMODATION

When you travel with i-to-i, you will stay in locally run accommodation. By staying in local hotels, guesthouses and homestays, the money you pay for accommodation goes directly into the local economy, so before you've even lifted a finger you've already made an important contribution.

There are 100's of different accommodation options when travelling with us, so we can't list them all. The options below will give you a pretty good idea of the sorts of places you might stay.

Accommodation varies from place to place, so the exact details will vary depending upon location and not all the choices below are available in all destinations. But one thing remains certain... you'll receive a warm welcome wherever you lay your head.



## Homestays

We think that the best way to really get under the skin of a foreign country is to live with a local family. You'll stay in a comfortable home and get a taste of local specialities.



## Hotels and Guesthouses

The locally-owned and locally-run hotels and guesthouses we work with offer a safe and comfortable place to lay your head. They are also a great place to meet fellow travellers.



## Tented Camps and Jungle Camps

These camps are often pretty basic and offer our more adventurous travellers the chance to experience outdoor life in some truly stunning locations.



## Volunteer Houses

These places are owned and run by our in-country teams. You'll be staying in a house full of other volunteers, which makes them a great place to swap stories, make friends and start parties!



## Premier Accommodation

If you want a more comfortable and relaxing place to lay your head after a long day of making the world a better place, this may be the perfect solution. Our premier accommodation options offer things like cable TV, en-suite bathrooms and air-conditioning.



# WHAT TRIP SHOULD I CHOOSE?



## Teaching

Many of the projects we work with offer children from poor backgrounds the opportunity to attend school and gain a vital education. Full Teaching English as a Foreign Language (TEFL) training is included for all teaching trips.



## Conservation

Join the fight for the future of our environment by working with vitally important ecology and conservation projects across the planet. Projects include Orang-utan conservation in Borneo, reforestation on Mount Kenya and many more.



## Community Development

Work with community groups in some of the poorest parts of the planet. Join forces with local projects and help them grow in a sustained and manageable way. Full TEFL training included.



## Building

If you want a hands on volunteer experience our building projects may be just what your after. Projects include building community centres in the favelas of Rio and house building projects across Africa, Asia, Latin America and the Caribbean.



## Work experience

Ideal if you're looking for a constructive way to spend your gap year or career break. Use the skills you have and learn a few more. Media, Health and Journalism are available.



## Sports

Working with community groups, schools and orphanages, these trips offer you the chance to pass on your passion for sport and get a little exercise into the bargain. Projects available worldwide.

# PHILIPPINES



A stunning archipelago of over 7,000 sub-tropical islands, the Philippines do not feature on your average traveller's itinerary. This is a real shame as the people are genuinely some of the friendliest you are ever likely to meet and the country itself has many things to offer the traveller: stunning scenery, excellent diving, beautiful beaches, cheap transport, good food and great accommodation to name but a few.

Our advice, get there as soon as you can and enjoy all that the Philippines has to offer.

## Why The Philippines needs volunteers

Around 30 million Filipinos live on less than \$2 a day and the inequality between rich and poor is a major problem in the Philippines. It is widely agreed that the best way to improve the fortunes of people living in poverty is through education and community based initiatives. The projects we work with in the Philippines help young and underprivileged Filipinos to study and receive basic care and attention.

## The Philippines: Top Tips

➔ Go along to a Fiesta or two. The Catholic faith is very strong in the Philippines and religious holidays are quite an occasion.

➔ Spend some time in Manila. It is a big place and can be hard work at first but if you give it a chance it is a great city.

## The Philippines: Top Trips

### Community work with orphans in the Philippines

We work with a number of orphanages around the city of Tacloban. Each orphanage cares for around 100 abandoned and unwanted children.

### Community work with street children in the Philippines

The sight of young children sniffing glue is a depressingly common sight on the streets of Tacloban. This project is trying to give street kids food and shelter and the chance of a better life.

## Teach English in the Philippines

English is on the national curriculum of every school in the Philippines, but very few children get the chance to learn from a native English speaker. Your presence in the classroom will be a cause for celebration and laughter. Check out [www.i-to-i.com/philippines](http://www.i-to-i.com/philippines) for full details.

## Find out more

In an attempt to save a few trees, we haven't included all our trips in this brochure. To check out the full range of projects in Philippines, visit [www.i-to-i.com/philippines](http://www.i-to-i.com/philippines)



## Teach English in the Philippines

Why not teach English in one of the world's hottest destinations? For a long time the Holy Grail amongst travellers looking to outdo their friends when comparing travel stories, The Philippines has a reputation for being a difficult place in which to travel. Thankfully that reputation is now undeserved although a few of the rough edges remain, like the street vendors who'll try and sell you everything from plugs to ice cream! Our partner project here provides classes for school-leavers and unemployed adults interested in learning the basics of the English language. We include our TEFL certification so that volunteers will be confident enough to organise and schedule classes and really make a profound effect on their student's lives.

→ 2-12 WEEKS

FROM **\$990**

\$150 PER EXTRA WEEK



### Fast facts

Learn more: [www.i-to-i.com/philippines](http://www.i-to-i.com/philippines) 800-985-4864

#### • Project Information

**Project Duration:** Min 2 weeks - Max 12 weeks

**Project Costs:** US\$ 990.00 for 2 weeks, US\$ 150.00 for every week thereafter

**Location of project:** In and around Tacloban City and surrounding towns

**Arrival Airport:** Tacloban (airport code TAC)

**Activities:** Teaching English and other subjects

**Working Hours:** Flexible; Monday to Friday: 4 hours although the schedule is flexible to work longer hours, all other time is free

**Getting to the project:** Dependent on location

**Requirements:** Minimum age 18

#### • What's Included

**Accommodation:** Shared room in homestay

**Food:** Breakfast and dinner. Please note that we are unable to guarantee a vegetarian diet, please enquire for further details

**Airport Pickup:** Included on arrival date. Ask us for details if you're arriving early!

**Training:** In-country orientation and Online TEFL course

**Support:** Pre-departure helpdesk, Local in-country team and 24hr emergency support

#### • What's not included

Flights, Insurance, Visas, Return Airport transfer, Local Transport, Food (lunch will not be provided)



## Community work with street children in the Philippines

Looking for something different? The Philippines has a reputation for being travel at its most intense. Unapologetically chaotic, even the archipelago itself looks messy; like a handful of stones haphazardly thrown into the ocean. You'll wonder how they manage to fit so much disorganised chaos on one group of small islands, until you realise there are 7000 of them! Persevere though because beneath the frenzy lies perhaps the most beautiful country in the world. Unfortunately what you'll also find is the country's chronic poverty problem. Our partner project in Tacloban exists to house and teach children living on the streets of the city who often turn to 'glue sniffing' to suppress hunger pains and who desperately need your compassion and love.

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### Fast facts

Learn more: [www.i-to-i.com/philippines](http://www.i-to-i.com/philippines) 800-985-4864

#### • Project Information

**Project Duration:** Min 2 weeks - Max 12 weeks

**Project Costs:** US\$ 990.00 for 2 weeks, US\$ 150.00 for every week thereafter

**Location of project:** Various locations around Tacloban and Ormoc (2 hours drive from Tacloban), on the island of Leyte

**Arrival Airport:** Tacloban (airport code TAC)

**Activities:** Providing general care and assistance in looking after the children. This will involve playing games, teaching English & basic life skills

**Working Hours:** Flexible; usually Monday to Friday 4 hours per day, all other time is free

**Getting to the project:** Dependent on location

**Requirements:** Minimum age 18

#### • What's Included

**Accommodation:** Shared room in homestay

**Food:** Breakfast and dinner

**Airport Pickup:** Included on arrival date. Ask us for details if you're arriving early!

**Training:** In-country orientation and Online TEFL course

**Support:** Pre-departure helpdesk, Local in-country team and 24hr emergency support

#### • What's not included

Flights, Insurance, Visas, Return Airport transfer, Local Transport, Food (lunch not provided)

**Megan Tinslay**  
gives this project **8/10**

An experience I will never forget - it can't be described.



## Community work with orphans in the Philippines

Feel like putting the community first? Working with underprivileged children south east of Manila, your efforts on this project will go a long way to reassuring these children that they have a future to look forward to, and we think that's a pretty nice way of spending a holiday. All the projects have an element of English teaching but, knowing kids, a range of arts, crafts, games and songs will no doubt be on the agenda too! With our TEFL training included with the trip we'll give you enough ideas to use up all their energy, and on an island as fascinating as this you'll have plenty to spend yours on, with a variety of stunning scenery, excellent diving and beautiful beaches that make this one of the best kept secrets in Asia.

→ 2-12 WEEKS

FROM **\$990**

\$150 PER EXTRA WEEK



### Fast facts

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**Ashley Newton**  
gives this project **10/10**

something i will never stop talking about.



## WHAT'S INCLUDED

Because travelling with us is a little different from taking a traditional holiday, we thought it best to let you know what's included in the price.

### Expert Travel Advice

- Help and guidance to find the right project for you
- Inoculation and vaccination advice
- Information and advice on obtaining the right visa for your trip

### Pre-departure support

- Full project information and personal support from our travel team
- Advice on preparation and fundraising
- Free DVD 'Going Abroad with i-to-i'. This DVD is filled with information from travel safety experts, kit advisors and returned volunteers. It's the perfect preparation for your time overseas and will help ensure you have a safe and rewarding trip.

### In-country Support

- Airport pick-up (except in Australia - it's just too big)
- Full cultural orientation
- Accommodation (and meals on most projects)
- Experienced and fully trained co-ordinators
- Emergency back-up teams available 24 hours a day, 365 days a year
- Crisis response support from docleaf, the world's leading crisis response specialists

### Free TEFL Certification

All teaching and community development trips include FREE Teaching English as a Foreign Language (TEFL) training. This certificate will enable you to live and work as an English teacher in thousands of destinations worldwide.

## WHAT'S NOT

### An i-to-i Holiday Rep

We don't think that our travellers need their hands held every minute of the day, (we're guessing that you wouldn't be reading this if you wanted a package holiday). So there won't be an annoying holiday rep following you around, pointing out what you should be taking pictures of or telling you where to have lunch. Our in-country teams will be there to help you sort out your travel plans, offer a little local insight and generally make your time overseas as hassle free as possible. The rest is up to you!

### Travel Insurance

Travel insurance is compulsory when travelling with i-to-i, and we can offer comprehensive travel insurance with one of our world-class suppliers. Unlike many insurance providers this policy covers volunteer work and many adventure activities.

#### The policy covers:

- Medical insurance
- Luggage cover (low excess)
- Cancellation cover in case of medical emergency
- Flights home in case of a medical emergency

**Call one of our expert Travel Advisors for more information.**





# EARN MONEY OVERSEAS



## What is TEFL?

If you can speak and write English, then you already have the most important skills you'll need to Teach English as a Foreign Language (TEFL). Once you are fully qualified (which can take as little as two days with our weekend courses), you'll be in a position to find well paid teaching work worldwide.

You don't need any previous teaching experience; our internationally recognised courses will give you all the skills, confidence and qualifications you'll need to fund your future travels or start a new life and a lucrative career living and working overseas as an English teacher.

## The TEFL lifestyle

Teaching English abroad is one of the last truly authentic cultural adventures around. You'll experience a complete immersion into the daily life of the local community; you'll shop in the same markets, eat the same food, take the same buses and live in the same neighbourhoods... you'll be welcomed into the community as a friend and a colleague.

And you'll be making a real and lasting contribution to the lives of your students by improving their educational and career choices.

## i-toi TEFL Courses

We have been running TEFL courses for more than 12 years and in that time we have trained more than 50,000 people to teach English abroad.

Our TEFL courses are accredited by the Open and Distance Learning Council (ODLQC). The ODLQC is one of the UK's most respected accreditation bodies, so you can book with complete confidence that you're getting the best possible course at the best possible price. Because of the quality of our courses language schools the world over actively seek out i-to-i TEFL graduates for teaching jobs abroad.

## Online TEFL Courses

**Enrol today, start today.** Our Online TEFL course was the first of its kind and remains the most innovative and respected Online TEFL course available. All you need to become a fully qualified TEFL teacher is access to the internet and a little determination.

### Online TEFL: The benefits

- Study from anywhere on the planet
- Enrol today, Start today
- The original Online TEFL Course
- Internationally recognised qualification
- Interactive audio and video course modules
- Take up to 6 months to finish the course
- 8000+ job contacts when you pass

Go to [www.i-to-i.com/tefl/online-tefl](http://www.i-to-i.com/tefl/online-tefl) for more information.

## Weekend TEFL Courses

**Get qualified in just 2 days!** We've been running Weekend TEFL courses for more than 12 years and in the last year alone we have trained more than 5,500 new TEFL teachers. You can do a Weekend TEFL Course in the UK, USA, Australia, Canada, Ireland and Greece.

### Weekend TEFL: The benefits

- Get qualified in just 2 days
- 12 years experience
- Courses worldwide
- Help finding work overseas
- 8000+ job contacts when you pass

Go to [www.i-to-i.com/tefl/weekend-tefl](http://www.i-to-i.com/tefl/weekend-tefl) for more information.

## The Experience

*"The i-to-i Online TEFL Course is a perfect online course for busy people aspiring to become English teachers, for those who would like to expand their professional knowledge of English teaching, and especially for those near-native or non-native speakers who would like teaching English as their profession.*

*I'm so thankful to my tutor for giving me a lot of practical suggestions for activities in the course and for being so considerate when I was beyond my course deadline."*

**Elvira Okabe**



# TEFL COURSES AND JOBS WORLDWIDE



## TEFL Jobs Abroad

### Recruiting Now!

If you're looking for a hassle free way to find well-paid teaching work overseas, look no further. i-to-i TEFL Jobs Abroad offer full training and a guaranteed teaching job overseas. Because of our excellent reputation, we will find you a job at a well respected and well-resourced language school at one of 12 destinations worldwide.

We are currently recruiting for TEFL jobs in:

- Latin America: Brazil, Ecuador, Honduras
- Asia: China, India, Indonesia, South Korea, Taiwan, Thailand
- Europe: Czech Republic, Greece, Hungary

Go to [www.i-to-i.com/jobs-abroad](http://www.i-to-i.com/jobs-abroad) to find out more.

## Specialist Certificates

Our TEFL courses will give you comprehensive training, but it can be really beneficial to hone your skills to suit the teaching position that you're looking for. Our Specialist Certificates give you the opportunity to do just that. Not only will these courses improve your skills and build your confidence, they'll help you stand out from the crowd in the competitive English teaching market.

Specialist Certificates are available in:

- Teaching English to Young Learners
- Teaching English to Large Classes
- Teaching English with Limited Resources
- Teaching Business English
- A Full Day of Lesson Planning and Teaching Practice

Go to [www.i-to-i.com/specialist-certificate](http://www.i-to-i.com/specialist-certificate) to find out more.

## Extra Training for Volunteers

All volunteers travelling to community development or teaching projects receive full TEFL training. However, our Specialist Certificates in Teaching with Limited Resources and Teaching English to Large Classes are a really useful addition to your skills. They'll help you prepare for your classes and ensure that your students get as much out of the experience as you do.

Go to [www.i-to-i.com/specialist-certificate](http://www.i-to-i.com/specialist-certificate) to find out more.

## The i-to-i TEFL Promise

Because we know that our TEFL courses are the very best short courses available, we'll make you the following promise so that you can book with complete confidence.

1. If you find an equivalent course at a lower price, we will refund the difference plus 50%.
2. If you're not entirely satisfied after the first 7 days, we'll give you a full refund: no arguments, no hidden charges, just a cheque in the post!
3. Our experience, our high academic standards and the quality of our courses means that i-to-i TEFL certificates are recognised by 1000's of language schools worldwide.

## 10% OFF Travel with i-to-i

All TEFL graduates receive 10% off all i-to-i community development and teaching volunteer trips. These trips not only make a real and lasting difference to people lives, but they give newly qualified TEFL teachers the chance to gain invaluable experience of teaching overseas. Experienced teachers benefit from better job offers and higher wages.

Call us now for more information about volunteer teaching and community projects in more than 20 countries worldwide.

# MEANINGFUL TRAVEL

VOLUNTEER &  
WORK ABROAD



## Meaningful Tours

These trips combine the very best bits of a traditional tour with vital volunteer work.



## Teach English Abroad

Internationally accredited TEFL Courses and jobs worldwide. A passport to live and work overseas.



## Employee Volunteering

A range of overseas volunteering options for businesses. Ideal for team building.

### i-to-i UK

Woodside House  
261 Low Lane  
Leeds  
LS18 5NY  
UK  
Tel: 0800 011 1157  
Fax: +44 (0) 113 205 4619  
Email: uk@i-to-i.com

Office hours:  
Monday to Friday, 24-hour opening  
Saturday, 10am to 5pm  
Sunday, 10am to 4pm

### i-to-i Ireland

Exploration House  
32 Grattan Square  
Dungarvan  
Co Waterford  
Ireland  
Tel: +353 (0) 58 40050  
Fax: +353 (0) 58 40059  
Email: ireland@i-to-i.com

Office hours:  
Monday to Friday, 24-hour opening  
Saturday, 10am to 5pm

### i-to-i Australia

Level 4, 380 Lonsdale Street  
Melbourne  
VIC 3000  
Australia  
Tel: +61 1300 556 997  
Fax: +61 1300 667 385  
Email: australia@i-to-i.com

Office hours:  
Monday to Friday, 24-hour opening

### US Customers

Tel: 800 985 4852 (TOLL FREE)  
Email: usca@i-to-i.com

Office hours:  
Monday to Thursday, 24-hour opening  
Friday 3am - 2pm (MDT)



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