



PHYSIOTHERAPY AND OCCUPATIONAL THERAPY IN A DISABLED CHILDREN'S UNIT: NEW ZEALAND

A unique opportunity to work closely with children of varying disabilities and help make their day to day lives happier and more productive whilst learning and gaining experience of working as an Occupational or Physio Therapist in a beautiful suburb of an exciting city!

"New Zealand is the ultimate outdoor playground and, if it hasn't been done, we invent it- Jet boating, Black-water Rafting and Bungee Jumping to name a few. Within easy reach you can also go Whale-watching, Sky-Diving, White-water Rafting, Abseiling and numerous other activities. The locals are invariably friendly and helpful and will make you welcome!" – Annette Orchard, Travellers New Zealand organiser.



WHAT DO YOU GET?

- Valuable hands on experience that is hard to gain anywhere else
- A project that leaves you **plenty of time to explore Auckland**
- Experienced local staff with 24/7 back-up and support who'll meet you at the airport on your arrival - helps you **feel safe and never alone!**
- An in-depth Induction makes you **feel local straight away!**
- A **Welcome Dinner** where you can meet and interact with other Travellers participants.
- A unique insight into another culture – **see it from the inside** in a way you could never do as a tourist.
- An opportunity to **make lifelong friends from all over the world.**

WHO CAN APPLY?

Open to everyone - all nationalities and all ages, from age 18 upwards. Previous experience highly desired but give our Project Coordinator a call on 01903 502 595 and tell her a bit about yourself and we can see what would be the best project for you.

THE COURSES IN DETAIL:

You will be working as an assistant to the existing therapists working along side them with the children. There may be some days where you will be in charge of the children and set tasks by the unit's therapist.

You will also get the chance to work with the children in a classroom environment and this will give you additional experience in how to work with their disabilities and to overcome these obstacles within education something that is key to becoming a successful therapist and understanding the needs of the children and their various disabilities.

Each child will have different problems that you will be required to look at and you will have an individual programme for each child. As an therapist your work may include the following:

- Goal setting
- Action planning
- Information gathering
- Ongoing assessment
- Exercise – stretching, positioning, using standard frames, looking at posture, and more
- Teaching new ways of approaching tasks
- Teaching children how to breakdown activities into achievable components for example, cooking a meal, writing or using a computer.



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A lot of the work is about helping the child fit into the mainstream world and helping them to complete work for school and to complete day to day tasks which they find difficult to complete or understand. It is about helping them achieve a better more independent future and you can be a part of that!

ABOUT THE INCLUSION SUPPORT CENTRE (FORMALLY KNOWN AS PHYSICALLY DISABLED UNIT):

The unit has a round 30 children with a range of disabilities. Many of the children at the unit are wheelchair bound and require constant attention. The children are split into 3 classes according to the severity of their disability. This means that you can specialise in an area you are more interested in within these classes.

The staff and the parents work together to establish what the aims are for their children and how the physiotherapists can achieve them.

The centre has a number of staff who work with the children, such as a Physiotherapist, Occupational Therapists, Teachers and a Speech Therapist. Together the staff work to help the children in their specific area and get them involved in at least one subject within the mainstream college. There is plenty for you to get involved with.



ACCOMMODATION & LOCATION:

You'll be accommodated in a centrally located lodge that is friendly and relaxing, making it ideal for long-term stays. You may have your own room or you may share a room with other volunteers. There is a communal kitchen and storage area for cooking meals and plenty of space to relax.

Entertainment at your accommodation includes cheap internet access, TV and free pool table. You are a stroll from the Sky Tower, harbour and waterfront. Accommodation is very central and close to the main train station and shopping district. Buses are also only a few minutes away to take you to parts of Auckland and New Zealand or to the many other 'things to do'!

The city centre boasts great shopping, restaurants and pubs or head over to the viaduct for more pubs, nightclubs and multicultural cuisine. You'll get to work via bus, which is close to your accommodation.

The city is modern and vibrant - a fun and friendly with beautiful surrounding islands and harbour.

Some of its the famous attractions around Auckland include the sky tower, Rangitoto island, the Hauraki gulf islands and the many extinct volcanoes that provide great views of the city.

Auckland has restaurants to suit all tastes - the most popular cuisine is New Zealand lamb which can be ordered at many restaurants around the city and is well worth it.

For meals in local restaurants, a trip to Auckland's inner city centre is well worth the effort - it bustles with activity and offers a range of choices of restaurants.

DURATION:

6 to 12 weeks. Extra weeks available, just ask your Project Coordinator about extending your stay while on your project.

COUNTRY PROFILE:

The natural landscape has firmly marked it on the map as an eco-tourism destination and an adventure lovers' paradise. It is also the worlds largest film set with the iconic mountains and vast fields forming 'The Lord of the Rings' middle earth.

This energetic country has an abundance of adrenaline fuelled outdoor activities that utilize the natural landscape, much of which is protected. This is nature's adventure playground.... Amidst breathtaking scenery you'll find the best locations for bungee jumping, white water rafting, hiking up glaciers, hang-gliding off mountains, sailing across fjords, skiing down active volcano's, and swimming in thermal springs and geysers... you won't be disappointed!



With both Māori and European influences, New Zealand also has a unique cultural background making it a wonderfully diverse and welcoming country. New Zealand is a very friendly and open culture and the Maori people are very keen and proud to share their culture and history with travellers

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THINGS TO DO IN: NEW ZEALAND

This is an infinite list! New Zealand was made for all interests, passions, tastes and senses of adventure! You can throw yourself off a building attached to a bungee in Auckland, enjoy the serenity of Lake Taupo, bathe in natural hot springs in Rotorua or look for Hobbits in Mata Mata, and that's just the North Island!

If you venture south it's a whole new board game, with less of the board and more of the game! Trekking along the Fox Glacier, Whale watching in Kaikoura, Glow worm caves in Te Anau or visit Milford Sound...for absolutely no sound, just peace and scenery that will blow your mind! New Zealand really has it all, you will never forget your time there.

COSTS:

Please see the [prices page](#) of our website. The price of this project is a reflection of the following costs:

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| ✓ Accommodation local transport to and from your project | ✓ Marketing (brochures, website design and maintenance, attending careers fairs, advertising, website listings and presentations) |
| ✓ Free pick up from the nearest airport | ✓ Project Research/Site Inspection |
| ✓ Local staff who are paid to offer a range of support, including 24/7 assistance | ✓ Staff Training/Equipment |
| ✓ UK administration and 24/7 emergency helpline. | ✓ Donations to worthwhile projects |

WHY GO WITH TRAVELLERS WORLDWIDE?

As follows, but include anything project specific as well.

- 16 years' experience sending thousands of participants overseas, plus the largest variety of **flexible projects** that are **value for money!**
- Excellent support - second to none in the industry
- Accredited projects helps **appeal to future employers**
- Your own dedicated Project Co-ordinator to answer all questions prior to, during and after your **trip of a lifetime!**
- Detailed information on your project and country and suggestions, safety guide, tips and checklists, via our **EXTRANET, available from anywhere, 24/7.**
- 24/7 emergency helpline for you and your family
- Free pick up from the nearest airport .

THE NEXT STEP:

Please complete an application form online ([click here to go straight there](#)) or you can send a postal application from our free brochure. When we receive you application, we'll telephone you to discuss the details and then start the exciting process of planning your trip.

We do hope you'll join us and are confident that you'll find this an incredible experience. Don't hesitate to contact us with any questions - we'll be happy to help you plan your exciting adventure!

You may also be interested in other placements with Travellers – (*Physiotherapy or Sports Massage*) or do other projects in New Zealand– please visit [our website](#) for details of all our projects. In fact you can choose from over 300 projects in 19 countries!

[Make a Difference – Get Involved](#)

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