



SOUTH AFRICA: JOURNALISM WORK EXPERIENCE

South Africa has everything ..sun, sparkling warm and clear oceans, and the most beautiful golden beaches you will ever see ... stretching for miles, mountain climbing, biking and hiking, outstanding Game Reserves where you can see wild animals in their natural habitat, sharks, whales and dolphins, and the amusing Cape Fur Seals, elegant restaurants, barbecues and beach parties!

But most of all, South Africans are the friendliest and most hospitable people in the world - without a doubt! If you're invited to dinner ... don't eat for a week beforehand because you'll be overfed, especially if it's a barbecue.



WHAT DO YOU GET?

- An exciting, never-to-be-forgotten adventure into South African life and culture.
- New skills, more confidence, a greater understanding of a different culture, invaluable personal and professional development.
- An entry on your CV or résumé that will put you head and shoulders above most others in the job market.
- Experienced local staff with 24/7 back-up and support who'll meet you at the airport on your arrival - helps you **feel safe and never alone!**
- An in-depth Induction makes you **feel local straight away!**
- A unique insight into another culture – **see it from the inside** in a way you could never do as a tourist.
- An opportunity to **make lifelong friends from all over the world.**
- And best of all ... **an unforgettable experience!**

SUMMARY FACTFILE

Start Dates	All year round - You choose your start and finish dates.
Duration	From 4 weeks and up to 1 year, subject to visa restrictions.
Requirements	You should preferably have a Journalism degree. However, if you're in your last year of study or you have a fair amount of journalism experience, we will submit your application and you may be accepted. For some placements, a drivers licence would be useful.
Price	From £1,795 / US\$2,695 for 4 weeks, ranging to £3,795 / US\$5,695 for 12 weeks. Full Price List and other Currencies
What's included	► Accommodation ► Food ► Meeting you at the Airport ► Transfer to your accommodation ► Full pre-departure support ► Local in-country team support and backup ► 24-hr emergency support
What's not included	Flights, Insurance, Cost of Visas (if a visa is required but we'll provide necessary documents and assistance), Return transfer to airport, Transport to and from your project.
Who can do this Project?	All projects are open to all nationalities. You need to be aged between 17 and 70+



PROGRAMME OVERVIEW:

We have two rewarding types of journalism work experience internships – one with The Big issue and one with Cape Times. Both offer a fantastic opportunity to observe experts learn and gain excellent experience.

The Cape Times Programme

The Cape Times is a dominant and authoritative morning daily newspaper in Cape Town, servicing the needs of the upmarket reader, emphasising business news and providing in-depth coverage of current issues. The paper mainly targets middle to upper income readers in Cape Town. It is the oldest, continuously published, newspaper in South Africa (founded in 1876) and is a sister newspaper of the oldest title, the Cape Argus (founded in 1857).

The Cape Times is situated at the heart of the bustling city, only a short walk away from the magical Gardens, where you can enjoy your lunch hour under the whispering trees and hand-feed squirrels scampering past ... truly idyllic.

As Cape Town's only morning English language broadsheet newspaper, The Times is widely regarded as being the city and the province's (Western Cape) hard news newspaper of record.

Some interesting facts about the paper:

- Has over 280 000 readers
- One of the biggest circulation newspapers in Cape Town
- Covers 91% of sales in Cape Town
- Issued from Monday - Friday
- Set in broadsheet format
- Circulation - 51,405/day (ABC April-June 2006)



Other partner newspapers around the country are the Star (Johannesburg), Pretoria News (Pretoria), Natal Mercury (Durban), Diamond Fields Advertiser (Kimberley), and The Times also has a foreign bureau based in Johannesburg. Besides all the major news agencies (Reuters, AP etc), it also has lifting arrangements with the London and Irish Independent, the LA Times, Hartford Courant, New Zealand Herald and other smaller titles worldwide.

Readership is mostly drawn from the middle to upper income brackets, and the bulk of readers are in the Cape Town metropolitan area, which has a population of around 4million. The demographics of readership closely mirror the demographics of the Western Cape.

The Times does not do 'infotainment', celebrity news (unless they are really naughty), tabloid journalism or other cheap shots like vox pops surveys on trivial issues. They take readers, and the news, seriously, and the "Opinion and Letters" pages are highly contested terrain, where intense public debates on issues like affirmative action, globalisation, racism, HIV/Aids, the Middle East conflict, the war in Iraq, Zimbabwe and other topical issues are fought out, with some of South Africa and the world's heavy hitters writing for the paper.

The Cape Times has a long and proud liberal-left tradition of journalism, and was a vocal and much-hated enemy of the apartheid regime. It continues this tradition today, and maintains an editorial stance that is fiercely independent of government, political parties, big business and other pressure groups. With a strong tradition of environmental campaigning, we have also become a leading voice in debates around issues like climate change.

The paper has a small, compact news room (10 full time news reporters) with a friendly, comradely atmosphere. The more seasoned journalists and photographers are always willing to share contacts and background information with visiting students, interns and journalists. At various times of the year, they host visiting journalists from Germany and the Netherlands, journalism masters' students from the University of Southern California, graduate students from North Western University (Medill) and undergraduates from Emory University in Atlanta, Georgia.

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The first edition goes off screen at about 9pm, and the second edition off screen at midnight (or later if a big story is breaking.) The night shift reporter(s) work from 3.30pm through until the paper goes to bed.

An **international driver's license would be a big advantage** as The Times has pool cars that are used by interns to go out on assignments and to get stories. They will not have people to drive you around. If you go on the placement with out a license it will mean that most of your work will be deskbound, unless you go out with someone else on a story. Taxis may be used but this will be at your own expense, as public transport in Cape Town and South Africa generally does not cover all areas.

Work Content

The Times emphasizes that you must treat this placement very seriously – this placement is a great opportunity with wonderful learning potential and, as such, they expect you to be professional, diligent, enthusiastic and responsible. You are expected to perform from day one and one must be prepared to hit the ground running. As with any job you should expect to receive constructive criticism as this is a case of learning by doing or watching others rather than being taught."

You work the hours to suit you within the placement. Most volunteers will usually get into the office by 09.00 (this is when all the other reporters arrive) and usually leave by about 6:00 (when you have finished all your assigned stories) but you may have to work till about 6:30 or later if an exceptional case/story occurs.

Neither we nor the organisation you will be working for can guarantee the amount of work that will be available for you during your placement. You should understand that, as with any business organisation, the quantity of work available will vary according to external factors (e.g. number of stories, breaking news, or other factors relevant to the type of organisation, etc.)



A Typical Day at The Cape Times

Your typical working day could look like this:

- 09:00 – 10:00: Morning coffee, read morning newspapers and wires and set up interviews
- 10:00 – 11:00: Attend the news room planning conference where you have to sell your own story ideas to the news editor and all other ideas will be discussed.
- 11.00 – 18:00: Early page deadlines from 3:30pm. Then you'll spend the rest of the day working on your stories for the next day.

You may have to work till about 18:30 or later if an exceptional case/story occurs.

There could be variations of this schedule as the *Times* may want you to start earlier to finish later. As an **approximate** outline you will generally be **working Sunday to Thursday** so your weekend will be Friday and Saturday.

The Big Issue Programme

The Big Issue is described as a general interest monthly magazine. It has also been described as a sugar coated bitter pill – it confronts, it challenges, it attempts to uncover, it tries to break down fixed paradigms, and bring readers along with it on a journey of discovery. As the journalists uncover stories so readers learn about the real issues facing South Africa.

The magazine also aims to entertain, and with its alternative and younger focused arts section, it attracts readers from a broad spectrum of society.

Big Issue readers are defined by what they believe in. The age grouping peaks at 35-45 in the middle to upper income brackets but is well spread out across all ages. The readers are not afraid to embrace change and are open to the dynamics of a multi-cultural society.

The Big Issue is run as a 'social business'. All staff are paid and fully qualified. The emphasis, like any other business, is on making profit, only in the case of The Big Issue, any profit generated is ploughed back into the development of support programmes for the vendors, and increasing the appeal of the product to the public. It is sold by destitute and homeless people on the streets of Cape Town and Johannesburg.



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The Big Issue has a full editorial team, and the perception that it's a magazine written by homeless people for homeless people, is not the case. The reality is that the magazine has been bought by thousands of people living in Constantia, people with money, people who want to help and get a good insight into what is going on in society.

Since it started up in 1996, the Big Issue has taken off to such an extent that the magazine is now sold nationwide and is the Official publication for the Cape Town Festival. The Big Issue, best known for its well respected colour magazine, has provided employment for over 8000 people since its inception and has placed over R4million into the hands of the poor and socially marginalised.

Work Content

Your Duties will be on the editorial team, writing articles, going out interviewing people and other duties associated with a news publication. Obviously, what you are given to do depends on your skills, but if you have the motivation and skills, you will be given free reign over your stories. You will conduct all the research, interviews and writing up.

Your work hours will start around 9am and you will finish around 4pm. You may be asked to stay and work longer a few days before the magazine goes to print.

It has been recommended by a previous volunteer that you do some research on South African culture and history before doing this placement. He recommended that you should try and read a few South African newspapers (www.iol.co.za) too, this will give you a good idea of the current feelings and issues that you will be writing about.

The Big Issue is a widely published and read magazine. This placement is a great opportunity with wonderful learning potential and, as such, they expect you to be professional, diligent, enthusiastic and responsible.

Your supervisor will be your point of contact if you have any work-related questions or problems. You will be working alongside a 5 person editorial team and there may be other interns working with you.

A Typical Day at The Big Issue

Your typical working day could look like this:

09:00 – 10:00: Start the day checking emails and reading the day's news for new ideas.

10:00 – 12:00: Start work on writing an article.

12:00 – 13:00: Break for lunch.

13:00 – 18:00: Finish up on the article and check if any materials need proof reading. Interns tend to check each other's work before it goes to the editor.

LOCATION:

Cape Town is a place where old and new harmoniously converge - in history, architecture, cultural pursuits and the essence of its people.

Warmed by the African sun, the city is dominated by a towering, table-shaped mountain, set on a peninsula of soaring, rocky heights and lush valleys, where two oceans converge - Indian and Atlantic. The city is also famous for the "table cloth" of cloud that rolls over Table Mountain. Seeing it in real life is on many people's Top Ten Things to do in their Lifetime.

Cape Town offers a myriad of things to do and places to see, whatever your tastes, inclinations or budget. Immense natural beauty and the fast pace and bright lights of a great urban centre meld effortlessly. And don't forget those gorgeous beaches!

Cape Town ('Kaapstad' in Afrikaans, and 'iKapa' in Xhosa) is the third most populated city in South Africa, forming part of the metropolitan municipality of the City of Cape Town. It is the provincial capital of the Western Cape as well as the legislative capital of South Africa, where National Parliament and many government offices are located.



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Cape Town is famous for its harbour as well as its natural settings in the Cape floral kingdom, including well-known landmarks such as Table Mountain and Cape Point. It has been regarded as one of the world's most beautiful cities and the most popular destination for tourism!

The city has a population of 2.95 million. Cape Town's land area of 2,499 sq km (965 sq mi) is larger than other South African cities, resulting in a comparatively lower population density of 1,158 people per sq km (2,999/sq mi).

South Africa is a multi-lingual country and until recently the two 'official' languages were English and Afrikaans. The majority of people in Cape Town are English-speaking, but even the Afrikaners can speak English, because English is a required subject at school. Similarly, most English-speakers in South Africa can speak Afrikaans. [Afrikaans is like a cross between Dutch and German.]

ACCOMMODATION & FOOD: THE CAPE TIMES

A ten minute walk from the centre of the bustling Cape Town CBD is the quieter, more chilled out area of Green Point. Here we use St Johns Waterfront Lodge, one of the better known backpackers' lodges for your accommodation. It is not only close to the city, but also to the famous V&A Waterfront (5 min walk) and literally a hop, skip and jump away from the ocean. Among a host of other activities, from here you can visit the world-famous Robben Island by boat, where Nelson Mandela was held prisoner for 27 years!

Apart from other Travellers volunteers, this hostel mainly attracts international travellers to Cape Town. It is uniquely built on two plots so literally has two of everything, including two pools! They are very friendly and will always help you where needed. They can answer any questions or can even help when you need some TLC because you feel a bit homesick!

The Main Lodge is the centre of all the lodges and is a meeting point for everyone. You can discuss your day in the living room, have a nice chat out on the terrace, go for a swim, watch a movie, etc.

Included in the placement cost is a single room so that you have your own space to lock up when you go out.

This lodge has a living room, lots of bathrooms and a two well-equipped kitchens. It also has a lovely big (recently renovated) living area with satellite TV, a cosy bar and very comfy couches. In the main outdoor area, there are two pools, the braai (South African for BBQ) area and lots of tables and benches in the beautiful garden. There is a payphone inside the main lounge and a FREE internet service. St John's has also recently fitted a CCTV security system, so you can live with peace of mind, knowing that you are safe and sound.

Food: You will be given a food allowance to buy your own food from the big supermarket up the road. The lodge is equipped with a kitchen with a fridge, stove, oven and microwave, and all the necessities to cook a good meal.

PLEASE NOTE: The World Cup kicks off in June 2010 in Cape Town and accommodation surcharges WILL apply during this period. We can advise you on the extra cost closer to the time.

ACCOMMODATION & FOOD: THE BIG ISSUE

Nestled under the mountain near the city, is the trendy and arty suburb of Observatory, the student Mecca of Cape Town. We have chosen this location as an accommodation base and make use of Riverview Lodge, where you will be staying. It's distance from the projects, safety conscious attitude and very friendly staff make this the ideal home away from home.

Riverview opened its doors over 12 years ago and can accommodate up to 120 people in their 35 beautiful rooms! With secure keypad access, 24hr managers on duty and a night security guard post at the front gate, they uphold a very high safety and security standard. The security guard is also a lovely welcome



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'home' after a night out.

Apart from other Travellers volunteers, this hostel also attracts many intern students from the University of Cape Town. The staff are very friendly and will always help you where needed. They can answer any questions and can even help when you need some TLC because you feel a bit homesick!

Riverview lodge has three living rooms, four bathrooms and full catering kitchen, where you can buy home-cooked meals if you wish. It also has 24hr managers on duty and a night security guard on post at the front gate. Comfy bedding is provided and towels are available on request. The rooms are serviced once a week and lined/bedding is changed.

The back of the house has a beautiful palm-tree covered terrace, where you can soak up the sunshine and enjoy a real South African "BRAAI" (BBQ).

The lodge is also across the road from a large supermarket, internet café, pharmacy and Laundromat.



Food: A healthy self-serve breakfast of cereals, toast and tea/coffee is included every morning, and you will be given a food allowance to buy your own food for lunch/dinner from the big supermarket up the road. The lodge is also equipped with a self-catering kitchen, with all the necessities to cook a good meal.

VISAS:

For most nationalities visas are not required for a stay of 90 days or less. If you do require a visa, we will liaise with you about your visa requirements, and make the visa process very easy.

FLIGHTS:

You have the option to arrange your own flights or we can assist you with your flight arrangements. If you would like us to do this for you, we will liaise with you regarding available flights and dates to suit you. All arrangements for your flight bookings/payments will be fulfilled by [Murray Rogers Travel Limited](#), ATOL No. 6856.

INDUCTION ON ARRIVAL:

You will be met at the airport by our Cape Town Manager, Jim Morel, or one of our staff, who will take you to your accommodation and introduce you to everyone.

They will also take you to your place of work and introduce you there. Our SA team is on call 24/7 if necessary, and are always there to help you in many different ways. Of course, they are in regular contact with you.

COSTS:

Please see the prices pages of our website [Full Price List](#). The price of this project is a reflection of the following costs:

- | | |
|--|---|
| ✓ Accommodation | ✓ UK administration |
| ✓ Food | ✓ Marketing (brochures, website design and maintenance, attending careers fairs, advertising, website listings and presentations) |
| ✓ Meeting you at the airport | ✓ Project Research/Site Inspection |
| ✓ Local in-country team support and backup | ✓ Staff Training/Equipment |
| ✓ 24hr emergency helpline | ✓ Donations to worthwhile projects |
| ✓ Full pre-departure support | |

HOW YOU MAKE A DIFFERENCE:

By joining a Travellers Program you enable us to keep donating money to worthwhile projects around the world; from clothing and feeding school children, building playgrounds or funding vital conservation research - your participation makes these donations possible.

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For every volunteer, a donation is made by Travellers on your behalf into the **Bridge The Gap Foundation**. This Foundation was set up by us to donate directly to particularly worthwhile and necessary projects for children and animals around the world, and partners with other NGO's to raise match-funding for worthy projects.

COUNTRY PROFILE:

South Africans are the friendliest and most hospitable people in the world - without a doubt! If you're invited to dinner ... don't eat for a week beforehand because you'll be overfed, especially if it's a barbecue. Wine is cheap and good. The salads are to die for.

Cape Town at the risk of upsetting other cities, this is the most beautiful city in the country, if not the world. It has been voted the world's third most popular holiday destination ... and it is worthy of that title. Here we have work experience placements (including an Adventure Tourism placement that is ... wow!), teaching and sports projects, and some excellent marine conservation projects with sharks and whales. We also have some unbelievably good care projects, working with children with autism or mental or physical impairments - extremely worthwhile and satisfying projects!

The Western Cape region includes Knysna, George and Plettenberg bay. These small towns lie on the world-famous Garden Route and are conveniently placed halfway between Cape Town and Port Elizabeth. Here we have very worthwhile teaching, care and conservation projects (you haven't lived until you've seen dolphins jumping the waves close to the shore!), as well as one or two work experience placements. This is a very social environment where the majestic Outeniqua Mountain lies to the north and the Indian ocean to the South, giving the town a very moderate Mediterranean climate.

KwaZulu-Natal (KZN) is home of some of the most stunning Game Reserves in the world. This is glorious country, exotic, tropical, at once arid and unbelievably lush. Here Travellers has exciting conservation projects on Game Parks, working with animals and plants, and also our monkey rehabilitation project. We have a superb rural teaching placement working with Zulu children and an equally excellent Care project. KZN is the place to be for the true African experience.

Port Elizabeth is given the title of the 'Friendly City' by locals, Port Elizabeth (or simply 'PE') is a major tourist attraction. Lying alongside Algoa Bay on the south eastern coast, PE has a stunning shoreline and longer hours of sunshine than anywhere else in South Africa. With water sports galore, PE is a beach lover's paradise! Here you can work hands-on with lots of different animals or learn how to survive in the bush on our *Discover Conservation* course.

The Cape Peninsula has a Mediterranean climate with well-defined seasons. Summer temperatures are mild, with an average maximum of about 26°C (79°F). Winter lasts from May to September. The months are cool, with an average minimum temperature of 7°C (45°F). Most of the city's annual rainfall occurs in wintertime, but due to the mountainous topography of the city, rainfall amounts for certain areas can vary dramatically. The Peninsula gets frequent strong South-Easterly winds, locally known as the 'Cape Doctor', because it blows away pollution and cleans the air!



THINGS TO DO IN: SOUTH AFRICA

In **Cape Town** and surrounding regions, you're spoilt for choice! There are too many to mention, but here are just a few favourites:

- **Table Mountain:** Climb or take the cable car up the majestic Mountain for panoramic views of the city.
- **Cape Point Nature Reserve** is a great place to visit to see the Atlantic and Indian Oceans meet.
- **Kirstenbosch Botanical Gardens**, home of unique flora and fauna. The 'Fynos Kingdom' here is endemic to this part of the world and South Africans are very proud of it!
- **Robben Island** is where SA ex-president, **Nelson Mandela**, was imprisoned for 27 years is a ferry boat ride away.

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- **V&A Waterfront:** Spend a day - or a few - in the picturesque and vibrant V&A Waterfront and feel the atmosphere of the Cape with live music, numerous malls, restaurants and craft markets. This place really hums!
- **Extreme Sports:** Abseiling, sandboarding, scuba-diving and mountain biking, Cape Town has it all for the adrenalin junkies.
- **Wine Tasting in Stellenbosch,** home of South Africa's favourite and award winning vineyards. It's also outstandingly beautiful.

In the **Cape, around the Knysna area,** there's an amazing choice - these are just some of them:

- **The Garden Route,** possibly the most beautiful stretch of coastline in the world.
- **Outeniqua Choo Tjoe:** Explore the coast on this fascinating steam train journey.
- **The Cango Caves,** a truly awesome cave system and a must on your sightseeing list.
- **Whale Watching** in Plettenberg Bay and the Whale Crier of Hermanus.
- **Oudtshoorn,** home of the ostrich farms.
- **The Drostdy,** the graceful building that houses a museum.
- **The George Museum.**
- **The Old Slave Tree,** a 186 year old oak tree with a chain embedded in its trunk - a reminder of a history best forgotten.
- **The Crocodile breeding farm.**
- **The Bado Kodogo Bird Farm** with 400 aviaries and 150 different species.
- **Victoria Bay and Herold's Bay,** renowned for surfing, bathing and fishing.
- **Two superb Golf Courses** and numerous other sports facilities, including flying, gliding, squash, horse riding, tennis, hiking and mountain biking.



In **KwaZulu-Natal** (known as KZN for short), you're surrounded by

- **Big Five game parks** (elephant, lion, leopard, buffalo, rhino) - Umfolozi-Hluhluwe, Phinda, Tembe, Pongola, Mkuzi.
- **St Lucia** is beautiful with its Crocodile Centre and Wetlands.
- **Numerous nature parks.**
- **Fantastic Beaches** for swimming and diving.
- **Durban** a lively city where South Africans go to have fun.
- **The San Art park** for a collection of astounding rock paintings.



WHY GO WITH TRAVELLERS WORLDWIDE?

- ✓ Professional work experience placements
- ✓ 15 years' experience sending thousands of participants overseas, plus the largest variety of **flexible projects** that are **value for money!**
- ✓ Excellent support - second to none in the industry
- ✓ Accredited projects helps **appeal to future employers**

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- ✓ Your own dedicated Project Co-ordinator to answer all questions prior to, during and after your **trip of a lifetime!**
- ✓ Detailed information on your project and country and suggestions, safety guide, tips and checklists, via our **EXTRANET, available from anywhere, 24/7.**
- ✓ 24/7 emergency helpline for you and your family
- ✓ Free pick up from the nearest airport.

VOLUNTEER FEEDBACK:

'The staff were very friendly and it was a really pleasant environment to work in. I have kept in touch with them and am continuing to write for them here in England, and they are continuing to publish my work in South Africa. The placement has given me experience that would have been very difficult to arrange with a similar-sized publication here in the UK, particularly as I lack any background in journalism. Therefore, it has given me a foot in the door of an industry that would have been relatively inaccessible to me previously. I have now got the confidence that I can succeed in the profession and have already started freelance work for different publications in the UK, in addition to articles still being published in South Africa. Cape Town was a fabulous place to do this placement ...'

'Catherine is doing exceptional work - I think she's shown the other interns and staff writers how things should really be done. Since she's started here she's done more work than most interns do in two or three months, and to a much higher quality. The timing is perfect since we're working on our November issue (100th issue, 100 pages) and there's a lot more work than usual to do. I only wish she could stay longer...'

The editor of the Big Issue, commenting on Travellers Volunteer Catherine Boal.

'Everything is going really well here. For the September issue of the Big Issue I have written 2 news stories, a feature article, a book review, a CD review and an interview with 'vendor of the month' so as you can see I've had plenty to do. Everyone has been really friendly and helpful so that has made being so far away from home easier. I feel I gained experience in writing different genres and writing about different issues and cultures. It's been great having my ideas listened to and getting to write a full page article on the suggestion that I had made to the editor. I would recommend it to people wanting some experience in a beautiful country. I think it would suit someone who has a lot of ideas to share because the amount you are allowed to write depends on how enthusiastic you are and how much you contribute your idea.'

Jennie Hopkinson

HOW TO BOOK:

Please complete a [booking form](#) online or you can send a postal booking from our free brochure. When we receive this, we'll telephone you to discuss the details and then start the exciting process of planning your trip!

We do hope you'll join us and are confident that you'll find this an incredible experience. Don't hesitate to contact us with any questions - we'll be happy to help you plan your exciting adventure!

You may also be interested in other courses with Travellers – please visit our [website](#) for details of all our projects. In fact you can choose from over 300 projects in 19 countries!

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