

China

Community Health and Traditional Chinese Medicine

Examine Traditional Chinese Medicine and community health issues by working with professionals in both urban and rural areas.



DURATION: 6 weeks
(early June to mid-July)

PROGRAM BASE: Kunming

HOUSING: Housing is provided close to the TCM hospital and in small hotels and guesthouses on excursion

PREREQUISITES: Previous college-level coursework or other significant preparation in the health sciences or a related field, as assessed by SIT.

COURSEWORK

IPBH 3000: Community Health and Traditional Chinese Medicine Seminar

6 credits / 90 class hours

CHIN 1000–3000: Mandarin Chinese

2 credits / 30 class hours

See glimpses of the program firsthand by watching an overview video displaying key program learning sites, faculty, and excursions at www.sit.edu/CHH.



This program examines public and community healthcare systems and Traditional Chinese Medicine (TCM) in Yunnan Province. Lecturers

include highly respected professionals from the local medical community and doctors at the Yunnan Provincial Hospital of Traditional Chinese Medicine. Students receive practical training in various techniques of TCM, including Chinese *tuina* therapeutic massage, herbal medicinal prescription and decoction, acupuncture, moxibustion, and cupping. Public health issues—including HIV/AIDS, China's reproductive policy, and community health policies—are also explored.

An excursion to northwestern Yunnan introduces students to the indigenous healing systems of Yunnan's vibrant ethnic minority cultures, including Bai traditional herbal medicine, Naxi Dongba shamanism, and Tibetan medicine. Students receive an official certificate from the TCM hospital upon successful completion of the program.

Instruction in Chinese is included at all language levels and yields two academic credits.